

# 156 Club Newsletter

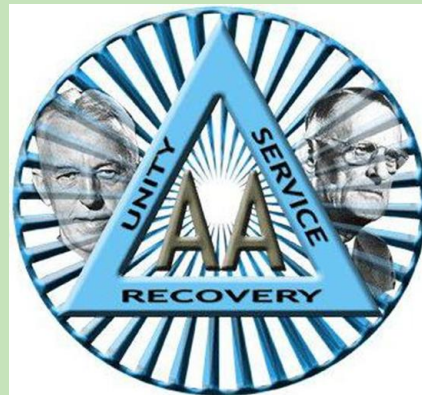
156 Club location:  
156 NW 3<sup>rd</sup> Street  
Forest Lake, MN 55025  
651-464-9906

Mail & Donations to:  
Forest Lake Alano Society  
PO Box 101  
Forest Lake, MN 55025

[156AAClub@gmail.com](mailto:156AAClub@gmail.com)

Website: [156AAClub.org](http://156AAClub.org)

**December, 2021**



## 156 Club – Recover with Us!

*A new beginning every day!*

**The 156 Club** is home to 27 AA, NA and Alanon meetings, either open or closed, for those in recovery and those with a loved one who is an alcoholic/addict or a recovering alcoholic/addict.

The 156 Club is open to indoor and outdoor meetings! There are also some Zoom meetings being held on-line. Masks are not required, but please respect those who wish to continue wearing masks and follow social distancing protocols.

**For the most up to date meeting and other Club information, visit our website at: [156AAClub.org](http://156AAClub.org).**



Providing a Safe Place for Recovery Since 1975

*The 156 Club is administered by the Forest Lake Alano Society Board of Directors as a safe and encouraging place for 12 Step meetings and those in need of support for addiction recovery.*

**Step 12:** “Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics and to practice these principles in all our affairs.”

**Tradition 12:** “Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.”

DECEMBER 2021						
SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

www.free-printable-calendar.com

### FLAS / 156 Club events:

Club AA Meetings can also be found at [156aaclub.org/schedule-1](http://156aaclub.org/schedule-1)

- **No Children's Christmas Party**  
- unfortunately, due to ongoing COVID concerns for children, we'll have to look forward to next year
- **FLAS Annual Meeting 2022**  
Tues, Jan 11 @ 8pm  
Open to all
- **Next Speaker Meeting – Dec 4<sup>th</sup>**  
Fellowship 6 pm  
Speaker @ 7pm = Rachel P.
- **Squad Leader / Fellowship Committee Meeting:**  
Tues, Dec 14<sup>th</sup>, 8:00pm  
Contact Rich M. for more info.
- **FLAS Monthly Board Meeting**  
(all welcome, Zoom link avail from Dave G.)  
Tue, Dec 28<sup>th</sup>, 7:00pm Upstairs  
*[Note: Board mtgs have been moved back to Tuesdays]*

### Other AA events:

- St. Paul Intergroup info:  
- <https://www.aastpaul.org/>  
- 24 hr AA call line: (651) 227-5502

# News From 156 Club:

## Fellowship News

### Thank You to our FLAS membership:

The holidays are the perfect time to reflect upon the past year and give thanks those who made it great! With the financial and volunteer support of our Forest Lake Alano Society members and the AA meeting donations, the 156 Club house has been able to replace our shed, add to our outdoor lighting and upgrade some of the tools we use to maintain our property! We have continued to improve our web site and can now offer Zoom AA meetings! None of this would have happened without our membership showing the value they place in supporting our AA home! Please consider becoming a member of our Society using the form found on this link: <https://www.156aaclub.org/forest-lake-alano-s>.

### 2022 Annual Society Meeting:

The Annual Meeting of the Forest Lake Alano Society will be held at 8pm on Tues, January 11, 2022. The primary agenda items to be covered include a review of our financials and the election of 3 new Board Members. The meeting will be held in the basement of the 156 Club. [We will also be setting up a Zoom connection to this meeting if needed. Please get the link from Dave G. at [Daveg0010@gmail.com](mailto:Daveg0010@gmail.com).]

### A Step 12 reflection... [excerpted from [Daily Reflections](#) © 1990, Alcoholics Anonymous World Services, Inc.]:

*"As I continued to go to meetings and work the Steps, something began to happen to me. I felt confused because I wasn't sure what it was that I was feeling, and then I realized I was experiencing serenity. It was a good feeling, but where had it come from? Then I realized it had come ". . . as the result of these steps." The program may not always be easy to practice, but I had to acknowledge that my serenity had come to me after working the Steps. As I work the Steps in everything I do, practicing these principles in all my affairs, now I find that I am awake to God, to others, and to myself. The **spiritual awakening** I have enjoyed as the result of working the Steps is the awareness that I am no longer alone."*

### Please visit our website! [156AAClub.org](http://156AAClub.org)

Send comments or questions about the site to Dave G. at [156AAClub@gmail.com](mailto:156AAClub@gmail.com).

The 156 Club does not take contributions from outside the club, other than for service to the house. We really appreciate your contributions at meetings, your FLAS Dues and your support in all other ways!

## Club Service Opportunities

**FLAS Board Openings for 2022:** We have 3 openings in January. Please talk to any Board director listed on right if you are interested.

**Support your FLAS:** Please consider an FLAS membership. The membership cost will remain at \$60/yr minimum or \$5/mo.

### **Also Remember to:**

- Take advantage of On-Line recovery resources
- Talk to your Sponsor and Use your Phone List to talk to others in your squad or find out about on-line video AA meetings.
- Join the Forest Lake Alano Society for \$5/month. This is a great way to strengthen your recovery with service! Look for pledge envelopes at the Club

### FLAS 2021 Board of Directors

**President** – Jackie G ([gavettj@gmail.com](mailto:gavettj@gmail.com))

**Vice President** – Dave G ([daveg0010@gmail.com](mailto:daveg0010@gmail.com))

**Secretary** – Trever B. ([arsbud@hotmail.com](mailto:arsbud@hotmail.com))

**Treasurer** – Chuck K.  
([Charles.Kropelnicki@dieboldnixdorf.com](mailto:Charles.Kropelnicki@dieboldnixdorf.com))

**Asst. Treasurer** – Pat C. ([156patc@gmail.com](mailto:156patc@gmail.com))

**Director & Intergroup Liaison** – Brett M.  
([btfrstlk@gmail.com](mailto:btfrstlk@gmail.com))

**Director & Maintenance Coordinator** – David H.  
([dvdhgn@aol.com](mailto:dvdhgn@aol.com))

**Director & Literature Coordinator** – Paul S.  
([pjfs60@yahoo.com](mailto:pjfs60@yahoo.com))

**Director & Squad Liaison** – Rich M  
([jrwalleye78@gmail.com](mailto:jrwalleye78@gmail.com))