

156 Club Newsletter

156 Club location:

156 NW 3rd Street
Forest Lake, MN 55025
651-464-9906

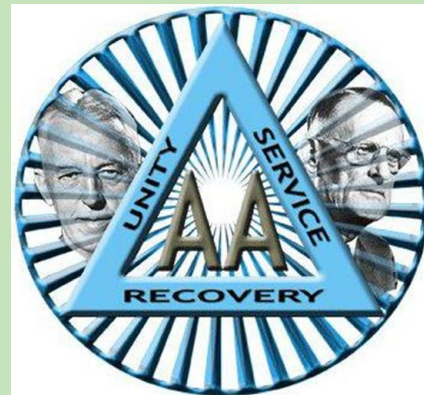
Mail & Donations to:

Forest Lake Alano Society
PO Box 101
Forest Lake, MN 55025

156AAClub@gmail.com

Website: 156AAClub.org

February, 2021



156 Club – Recover with Us!

A new beginning every day!

The 156 Club is open to limited size indoor and outdoor meetings. There are also some Zoom meetings being held on-line. We are doing a great job of social distancing. Thank You! **Please continue wearing your masks inside** and consider your health and those around you as you decide if you can attend a meeting.

We have a WEBSITE! – visit 156AAClub.org for Club info!

The **156 Club** is home to 27 AA, NA and Alanon meetings, either open or closed, for those in recovery and those with a loved one who is an alcoholic/addict or a recovering alcoholic/addict.



Providing a Safe Place for Recovery Since 1975

The 156 Club is administered by the Forest Lake Alano Society Board of Directors as a safe and encouraging place for 12 Step meetings and those in need of support for addiction recovery.

Step 2: “Came to believe that a Power greater than ourselves could restore us to sanity.”

Tradition 2: “For our group purpose, there is but one ultimate authority – a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants.”

2021 FEBRUARY						
SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

www.free-printable-calendar.com

FLAS / 156 Club events:

- Club AA Meetings can be found at 156aaclub.org/schedule-1
- **Next Speaker Meeting**
- **Cancelled for February**
1st Saturday of the Month
Fellowship @ 6:30 pm
Speaker @ 7pm - tbd
- **Squad Leader / Fellowship Committee Meeting:**
Tues, Feb 9th
- 7:30pm
- **FLAS Board Meeting**
(all welcome)
Tues, Feb 23rd
- 7:00pm Basement
(Zoom link available from Dave G.)

Other AA events:

- St. Paul Intergroup Events and regional info:
- <https://www.aastpaul.org/>

News From 156 Club:

New FLAS Board and Officers Elected at Jan 12th Meeting!

This year's annual meeting was held on site and via zoom on Jan 12th. 18 FLAS members attended. At the meeting, the members elected 3 new Directors for 3-year terms. **They are Pat C., Paul S. and Trevor B. Welcome to our new Directors!**

Your new Board also elected Officers for the FLAS Board for 2021. **They are Jackie G (President), Dave G (Vice President), Trevor B (Secretary), Chuck K (Treasurer) and Pat C (Asst. Treasurer).** **Please congratulate and support your new Directors and Officers!**

Please visit our new website! 156AAClub.org

Send comments or questions about the site to Dave G. at 156AAClub@gmail.com.

Reminder to be Covid Safe!

Covid-19 contact risk is still high in our area but seems to be getting better. Consistent with the **latest MN Governor's order, we have reverted to the social distancing limit of 17 persons in the large basement room. We have also reinstated coffee, but ask that people do not congregate around the coffee pot and only lower their mask when actively drinking.** Remember, there is always an increased risk of contacting a virus while attending indoor meetings. Please continue to enforce the use of masks and social distancing inside the house at all times. Thank you for continuing to follow the room occupancy limits and cleaning protocols and encouraging your attendees to use sanitizer frequently. If you have any questions contact Rich M or a Board member.

SQUAD LEADERS: Please attend the next Leader meeting!

It is on Feb 9th at 7:30pm. If you cannot attend, please ask someone on your squad to attend in your place. Rick M is looking for input on fellowship events we can have in 2021 as well as other important topics.

Club Service Opportunities

Zoom Meeting Leaders wanted: If you are already leading Zoom AA meetings or are interested in starting one, we would like to publish contact info for these meetings on our website. We have also purchased a Zoom subscription that may be available for Club sanctioned AA meetings. Contact Dave G or Trevor B for info.

FLAS News: With Covid reducing our donations in 2020, we need financial help for 2021. Please consider an FLAS membership. The membership cost will remain at \$60/yr minimum or \$5/mo – a great value to support such an important program! Many members choose larger donations (up to \$5K max).

Also Remember to:

- Take advantage of On-Line recovery resources
- Talk to your Sponsor and Use your Phone List to talk to others in your squad or find out about on-line video AA meetings.

FLAS 2021 Board of Directors

President – Jackie G (gavettj@gmail.com)

Vice President – Dave G (daveg0010@gmail.com)

Secretary – Trevor B. (arsbud@hotmail.com)

Treasurer – Chuck K.

(Charles.Kropelnicki@dieboldnixdorf.com)

Asst. Treasurer – Pat C. (rev.clearance@gmail.com)

Director & Intergroup Liaison – Brett M.

(btfrstlk@gmail.com)

Director & Maintenance Coordinator – David H.

(dvdhgn@aol.com)

Director & Literature Coordinator – Paul S.

(pjfs60@yahoo.com)

Director & Squad Liaison – Rich M

(jrwalleye78@gmail.com)

Join the Forest Lake Alano Society for \$5/month. This is a great way to strengthen your recovery with service! Look for pledge envelopes at the Club.