156 Club Newsletter

156 Club location: 156 NW 3rd Street Forest Lake, MN 55025 651-464-9906

Sept, 2021

Mail & Donations to:
Forest Lake Alano Society
PO Box 101
Forest Lake, MN 55025

156AAClub@gmail.com

Website: 156AAClub.org



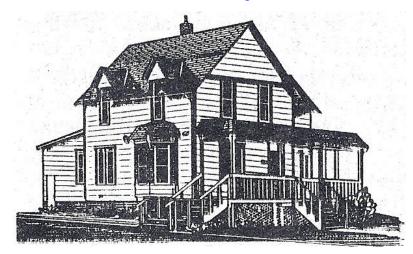
156 Club – Recover with Us!

A new beginning every day!

The 156 Club is home to 27 AA, NA and Alanon meetings, either open or closed, for those in recovery and those with a loved one who is an alcoholic/addict or a recovering alcoholic/addict.

The 156 Club is open to indoor and outdoor meetings! There are also some Zoom meetings being held on-line. Masks are not required, but please respect those who wish to continue wearing masks and follow social distancing protocols.

For the most up to date meeting and other Club information, visit our website at: <u>156AAClub.org</u>.



Providing a Safe Place for Recovery Since 1975

The 156 Club is administered by the Forest Lake Alano Society Board of Directors as a safe and encouraging place for 12 Step meetings and those in need of support for addiction recovery.

Step 9: "Made direct amends to such people wherever possible, except when to do so would injure them or others"

Tradition 9: "A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve."

2021 SEPTEMBER						
SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

FLAS / 156 Club events:

- Club AA Meetings can be found at <u>156aaclub.org/schedule-1</u>
- Next Speaker Meeting Sept 4
 Fellowship 6 pm
 Speaker @ 7pm = tbd
- 156 Club Booya / Cribbage Tournament – October 9th Contact Rich M. for more info.
- Squad Leader / Fellowship Committee Meeting: Tues, Sept 14th, 7:30pm Contact Rich M. for more info.
- FLAS Monthly Board Meeting
 (all welcome, Zoom link avail from Dave G.)
 Mon, Sept 27th, 7:00pm Upstairs
 [Note: Board mtgs have been moved to Mondays @ 7pm from Jun Nov]

Other AA events:

- St. Paul Intergroup info:
 - https://www.aastpaul.org/
 - 24 hr AA call line: (651) 227-5502
- Gopher State Roundup CANCELLED due to COVID concerns
 - Info at: <u>www.gopherstateroundup.org</u>

News From 156 Club:

Fellowship News

October 9th Booya and Cribbage Tournament at the 156 Club!

The 156 Club is again having a fall Booya in October and this time we'll have a Cribbage tournament as well. Come join your fellows in recovery for some great food (a \$10 goodwill donation to offset the costs will be appreciated) and some good cards competition or cheering. The details of the event are still being worked out by the Fellowship Committee (join them on Sept 14th if you can), but the starting time should be around 3pm with food being served around 5pm, before the regular 7pm meetings at the house. Please contact Rich M. for details at 651-245-8594 or irwalleye78@gmail.com.

Gopher State Roundup 2021 - Sept 3-5 - CANCELLED

Unfortunately, Gopher State Roundup has been cancelled again for this year. With the Delta Covid variant rearing it's ugly head in our community, the organizers made the difficult decision to try again next year. Hopefully it will be back at it's usual timeslot of Memorial Day weekend. For more details go to: www.gopherstateroundup.org/

A Step 8 reflection... [excerpted from https://www.odaatw.org/aa-daily-reflection/tag/Step+9]:

When I reflect on Step Nine, I see that physical sobriety must be enough for me. I need to remember the hopelessness I felt before I found sobriety, and how I was willing to go to any lengths for it. Physical sobriety is not enough for those around me, however, since I must see that God's gift is used to build a new life for my family and loved ones. Just as importantly, I must be available to help others who want the A.A. way of life.

I ask God to help me share the gift of sobriety so that its benefits may be shown to those I know and love.

Please visit our website! 156AAClub.org

Send comments or questions about the site to Dave G. at 156AAClub@gmail.com.

The 156 Club does not take contributions from outside the club, other than for service to the house. We really appreciate your contributions at meetings, your FLAS Dues and your support in all other ways!

Club Service Opportunities

FLAS Board Openings for 2022: The Board will have 3 members who's terms are expiring this January. If you are interested in helping our house with Board service, please talk to any Board director listed on this newsletter.

Support your FLAS: Please consider an FLAS membership. The membership cost will remain at \$60/yr minimum or \$5/mo – a great value to support such an important program! Many members choose larger donations (up to \$5K).

Also Remember to:

- Take advantage of On-Line recovery resources
- Talk to your Sponsor and Use your Phone List to talk to others in your squad or find out about on-line video AA meetings.
- Join the Forest Lake Alano Society for \$5/month. This is a great way to strengthen your recovery with service! Look for pledge envelopes at the Club

FLAS 2021 Board of Directors

President – Jackie G (gavettj@gmail.com)

Vice President – Dave G (daveg0010@gmail.com)

Secretary – Trever B. (arsbud@hotmail.com)

Treasurer – Chuck K.

(Charles.Kropelnicki@dieboldnixdorf.com)

Asst. Treasurer – Pat C. (156patc@gmail.com)

Director & Intergroup Liaison – Brett M.

(btfrstlk@gmail.com)

Director & Maintenance Coordinator – David H. (dvdhgn@aol.com)

Director & Literature Coordinator – Paul S. (pjfs60@yahoo.com)

Director & Squad Liaison – Rich M (jrwalleye78@gmail.com)