

156 Club Newsletter

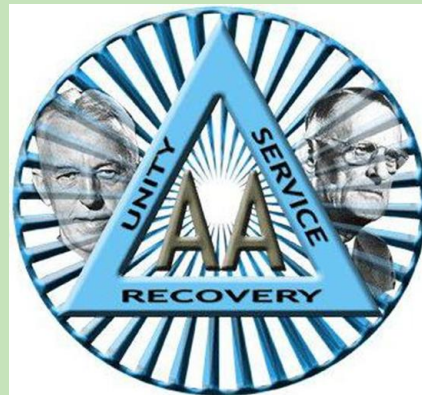
156 Club location:
156 NW 3rd Street
Forest Lake, MN 55025
651-464-9906

Mail & Donations to:
Forest Lake Alano Society
PO Box 101
Forest Lake, MN 55025

156AAClub@gmail.com

Website: 156AAClub.org

November, 2021



156 Club – Recover with Us!

A new beginning every day!

The 156 Club is home to 27 AA, NA and Alanon meetings, either open or closed, for those in recovery and those with a loved one who is an alcoholic/addict or a recovering alcoholic/addict.

The 156 Club is open to indoor and outdoor meetings! There are also some Zoom meetings being held on-line. Masks are not required, but please respect those who wish to continue wearing masks and follow social distancing protocols.

For the most up to date meeting and other Club information, visit our website at: 156AAClub.org.



Providing a Safe Place for Recovery Since 1975

The 156 Club is administered by the Forest Lake Alano Society Board of Directors as a safe and encouraging place for 12 Step meetings and those in need of support for addiction recovery.

Step 11: “Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.”

Tradition 11: “Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.”

NOVEMBER 2021						
SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

FLAS / 156 Club events:

- Club AA Meetings can be found at 156aaclub.org/schedule-1
- **Next Speaker Meeting – Nov 6th**
Fellowship 6 pm
Speaker @ 7pm = Dennis B.
- **Fall Clean Up – 1pm, Oct 30rd**
Just show up & bring your yard tools if you have them!
- **Squad Leader / Fellowship Committee Meeting:**
Tues, Nov 9th, 8:00pm (new time!)
Contact Rich M. for more info.
- **FLAS Monthly Board Meeting**
(all welcome, Zoom link avail from Dave G.)
Mon, Nov 29th, 7:00pm Upstairs
[Note: Board mtgs have been moved to Mondays @ 7pm from Jun - Nov]

Other AA events:

- St. Paul Intergroup info:
 - <https://www.aastpaul.org/>
 - 24 hr AA call line: (651) 227-5502

News From 156 Club:

Fellowship News

October 9th Booya and Cribbage Tournament at the 156 Club!

Our 2nd Fall Booya was a success! This time we also had have a Cribbage tournament that drew about 16 players who battled for the trophy. Congrats to Joe N for being the cribbage winner! and to Steve W for his booya, which was great as always! We also had a super speaker, Ricky J., to finish a beautiful afternoon. Thanks to the Fellowship Committee for a great event!

A Thank You letter to the 156 Club from a Club family member:

"My name is Melissa M, Mike M's daughter. We recently had a memorial for Mike and I felt very compelled to thank those who attended his service. I would also like to thank the 156 Club as a whole. Thanks to the support he received, he was an amazing husband, dad and bumpa. My family had/has an extraordinary and wonderful life and I was beyond blessed. I know he held his commitment and beliefs very close and I know this is where learned I so much about our human experiences. I know he touched many lives and I hope (God grant me) that I can carry on and continue to show and share his amazing insights and compassion. I just thought that you would like to know that you are touching lives, even outside of the Club. God Bless, Melissa."

A Step 11 reflection... [excerpted from www.jasonwahler.com/12-steps-of-aa/step-eleven]:

"Exploring spirituality in the 11th Step of AA Alcoholics anonymous can be a wonderful and illuminating experience. We now have a solid frame of reference built by the previous Ten Steps of AA. Our recovery has helped us to stay sober one day at a time, and has allowed us to expand our capacity for new information about ourselves, and the world around us. This open mindedness is one of the greatest things about AA. In AA the concept of a "higher power" and "God as we understand him" really affords every single person, from every walk of life, an unlimited choice of spiritual beliefs and actions."

Please visit our website! 156AAClub.org

Send comments or questions about the site to Dave G. at 156AAClub@gmail.com.

The 156 Club does not take contributions from outside the club, other than for service to the house. We really appreciate your contributions at meetings, your FLAS Dues and your support in all other ways!

Club Service Opportunities

FLAS Board Openings for 2022: We have 3 openings in January. Please talk to any Board director listed on right if you are interested.

Fall Clean Up @ 156 Club: 1pm Oct 30th, just show up with your tools if you have them!

Support your FLAS: Please consider an FLAS membership. The membership cost will remain at \$60/yr minimum or \$5/mo.

Also Remember to:

- Take advantage of On-Line recovery resources
- Talk to your Sponsor and Use your Phone List to talk to others in your squad or find out about on-line video AA meetings.
- Join the Forest Lake Alano Society for \$5/month. This is a great way to strengthen your recovery with service! Look for pledge envelopes at the Club

FLAS 2021 Board of Directors

President – Jackie G (gavettj@gmail.com)

Vice President – Dave G (daveg0010@gmail.com)

Secretary – Trevor B. (arsbud@hotmail.com)

Treasurer – Chuck K.

(Charles.Kropelnicki@dieboldnixdorf.com)

Asst. Treasurer – Pat C. (156patc@gmail.com)

Director & Intergroup Liaison – Brett M.
(btfrstlk@gmail.com)

Director & Maintenance Coordinator – David H.
(dvdhgn@aol.com)

Director & Literature Coordinator – Paul S.
(pjfs60@yahoo.com)

Director & Squad Liaison – Rich M
(jrwalleye78@gmail.com)