

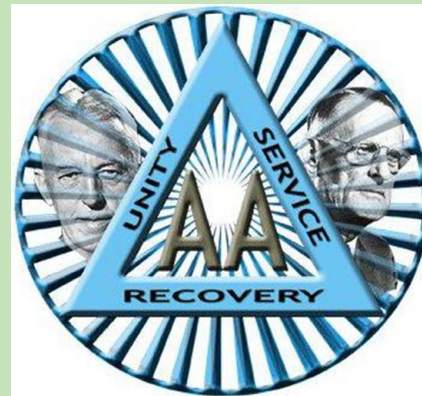
156 Club Newsletter

156 Club location:

156 NW 3rd Street
Forest Lake, MN 55025
651-464-9906

Mail & Donations to:

Forest Lake Alano Society
PO Box 101
Forest Lake, MN 55025



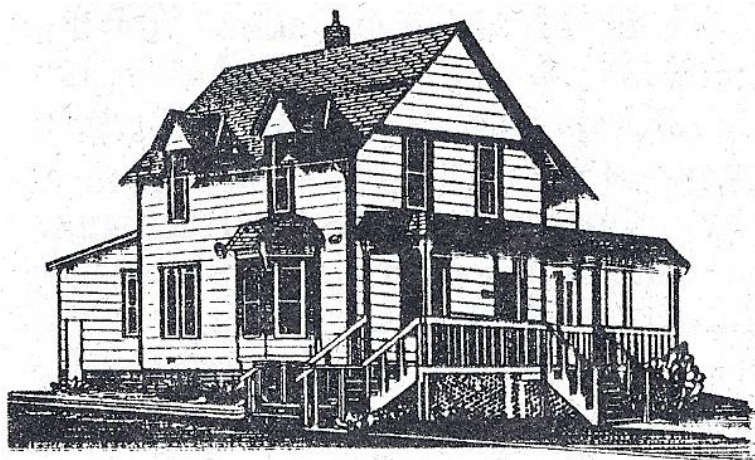
October, 2020

Welcome to the 156 Club

A new beginning every day!

The 156 Club is open to limited size indoor and outdoor meetings. There are also some Zoom meetings being held on-line. We are doing a great job of social distancing, but as a reminder – **masks must be used inside the house.** Please consider your health and those around you as you decide if you can attend a meeting.

The 156 Club is home to 27 AA, NA and Alanon meetings, either open or closed, for those in recovery and those with a loved one who is an alcoholic/addict or a recovering alcoholic/addict.



Providing a Safe Place for Recovery Since 1975

The 156 Club is administered by the Forest Lake Alano Society Board of Directors as a safe and encouraging place for 12 Step meetings and those in need of support for addiction recovery.

Step 10: "Continued to take personal inventory and when we were wrong promptly admitted it."

Tradition 10: "Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy."

October 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

www.a-printable-calendar.com

FLAS / 156 Club events:

- **Next Speaker Meeting** (*Outdoor, weather permitting*)
Sat. Nov 7th
 - Fellowship – 6:00 –6:45 pm
 - Speaker tbd – 7:00 pm
 - Bonfire following speaker
- **Squad Leader / Fellowship Committee Meeting:**
Tues, Oct 13th at 7:30pm.
- **Shed Build and Yard Clean-up:**
Sat, Oct 24th (156 Club Yard)
 - All day
- **FLAS Board Meeting** (*all welcome*)
Tues, Oct 27th
 - 7:00pm basement
 - (Zoom link available)
- **FLAS Annual Mtg**
Jan 12th, 2020, 8pm (*Basement*)
 - Open to all
 - FLAS members vote

Other AA events:

- St. Paul Intergroup Events and regional info:
 - <https://www.aastpaul.org/>

News From 156 Club:

156 Club BBQ/Booya was a Great SUCCESS!!!

Over 80 people from the 156 Club and their families joined in the fun on Saturday Oct 3rd! We enjoyed games, great music and fantastic food! Even though it was a little chilly, the opportunity to socialize safely was well worth it! Huge thanks go out to the organizing committee made mostly of squad leaders led by Rich M (Squad Leader Liaison / GSR) and Brett (Squad Leader / FLAS President). The FLAS board chipped in with meal serving, too. The mood maker and a highlight for the event was Rudy B playing great music on the porch! Of course, it wouldn't be a BBQ/Booya without the yummy food prepared by chef Steve W and his sous chef Dave W! Thanks to all!

The FLAS Board has filled our open position!

Please join us and **welcome Becky C. to the FLAS Board!** The seat she is filling will be for a term that expires in January, so she will have an opportunity to run for a 3 year term then. She joined looking for a way to contribute more to the 156 Club where she has been attending for many years. Becky is looking forward to doing this service work for the club to strengthen her sobriety.

The Board meets monthly and manages the 156 Club house and budget. We don't run the AA meetings, but do work to provide an environment for recovery at the Club for all.

156 Club Service Opportunities

Shed Builders and Yard Clean-Up needed for October: If you are looking for a fun service opportunity with others in recovery, you have your chance the weekend of the 24th! Gary T will be leading a team to build a new storage shed for the 156 Club and he needs help from those of you who are willing and able. Brett M will be leading a team to do fall clean up in the yard at the same time. Please contact Gary at gt.interiors54@gmail.com or just show up if you can give a few hours.

156 Club website creation: Contact Dave G. if you have webmaster experience. We'd like to create a 156 Club website to serve you better.

Zoom Squad Leaders needed: If you are interested in hosting a Zoom AA meeting, please contact Rich M.

From the editor: So that we can connect with you better, please share your email address with Dave G., our Board Secretary, at Daveg0010@gmail.com. We will share info with you in a "blind copy" mode only.

Remember to:

- Take advantage of On-Line recovery resources
- Talk to your Sponsor and Use your Phone List to talk to others in your squad or find out about on-line video AA meetings.

FLAS 2020 Board of Directors

President – Brett M. (btfrstlk@gmail.com)

Vice President – Chuck K.
(Charles.Kropelnicki@dieboldnixdorf.com)

Secretary – Dave G. (daveg0010@gmail.com)

Treasurer – Jacki G. (gavettj@gmail.com)

Asst. Treasurer – Phil B.

Director – Becky C. (cruzenbecky@yahoo.com)

Director – David H. (dvdhgn@aol.com)

Director – Gary T. (gt.interiors54@gmail.com)

Director – Rich M (jrwalleeye78@gmail.com)

If you have suggestions for improving our 156 Club please talk to any Board member or send us a note!

Join the Forest Lake Alano Society for \$5/month. This is a great way to enhance your recovery through service! Look for pledge envelopes in main gathering area.