

156 Club Newsletter

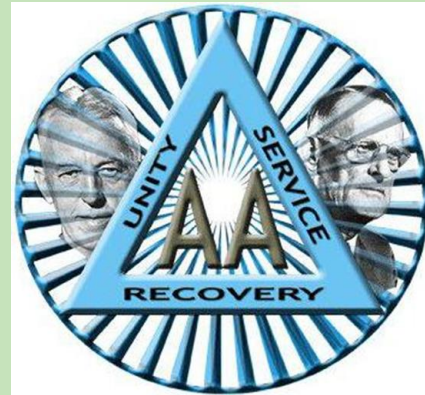
156 Club location:
156 NW 3rd Street
Forest Lake, MN 55025
651-464-9906

Mail & Donations to:
Forest Lake Alano Society
PO Box 101
Forest Lake, MN 55025

156AAClub@gmail.com

Website: 156AAClub.org

April, 2022



156 Club – Recover with Us!

A new beginning every day!

The **156 Club** is home to 27 AA, NA and Alanon meetings, either open or closed, for those in recovery and those with a loved one who is an alcoholic/addict.

The 156 Club is open to indoor and outdoor meetings! (Weather permitting). There are also meetings being held on-line. Masks are not required, but please respect those who wish to continue wearing masks and follow social distancing protocols.

For the most up to date meeting and other Club information, visit our website at: 156AAClub.org.



Providing a Safe Place for Recovery Since 1975

The 156 Club is administered by the Forest Lake Alano Society Board of Directors as a safe and encouraging place for 12 Step meetings and those in need of support for addiction recovery.

Step 4: “Made a searching and fearless moral inventory of ourselves.”

Tradition 4: “Each group should be autonomous expect in matters affecting other groups or A.A. as a whole.”

2022 APRIL						
SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

FLAS / 156 Club events:

Club AA Meetings can also be found at 156aaclub.org/schedule-1

- **Next Speaker Meeting – Apr. 2nd**
Fellowship 6 - 7 pm
Speaker 7:00 pm = **Jim R.**
- **Quarterly Squad Leader Meeting:** tbd
- **Fellowship Committee Meeting:**
- this is a great service opportunity for some one or some group to lead!
- **FLAS Monthly Board Meeting**
(all welcome, Zoom link avail from Dave G.)
Tue, Apr 26, 7:00pm Upstairs

Other AA events and resources:

- St. Paul Intergroup info:
- <https://www.aastpaul.org/>
- 24 hr AA call line: (651) 227-5502
- St. Paul Intergroup Lifeline Newsletter
<https://www.aastpaul.org/?topic=12>

News From 156 Club:

Fellowship News

Gopher State Roundup 2022!

Gopher State Roundup XLVII is May 27, 28 & 29. The theme this year is **"Rocketed Into a 4th Dimension!"**. It will be held at the DoubleTree by Hilton Hotel at Hwy 100&494 in Bloomington. Come be inspired by AA meetings, speakers, fellowship, hospitality and recovery films. Registration is only a \$30 contribution. Info @ gopherstateroundup.org. **The 156 Club hosting a room at the Roundup again this year!** Stop in and visit us at **Hospitality Suite #203**. We hope to see you there!

"Rocketed Into a 4th Dimension!"



GOPHER STATE
ROUNDUP XLVII
May 27th, 28th & 29th
2022



A Step 4 reflection... [Adapted from the Step 4 Intro by Jake J for the 156 Club Group 8Z meeting.]

"Many of us are not too keen on self-examination; particularly a 'moral inventory'. In hindsight, one of the reasons I drank and/or used drugs was specifically to avoid taking responsibility for my actions. Over time I have come to see Step Four as a starting point for my freedom. Not only freedom from drugs and alcohol, but also freedom from having to worry about keeping my lies straight. Step Four is about honesty with others and me."

Please visit our website! 156AAClub.org

Club Service Opportunities

Fellowship Committee for 2022: If you have a passion for our Club's community, we are looking for a **Fellowship Committee Chair or co-Chairs**. Please contact Brett @ 612-499-4990 for details!

Heads up for Spring Clean Up: We are looking at late April or early May to have a spring clean up of the 156 Club property. Please contact David H. @ 612-961-8992 for more information and to offer your services.

Support your FLAS: Please consider an **FLAS membership**. The membership cost will remain at **\$60/yr minimum or \$5/mo**. The 156 Club only accepts contributions from those or on behalf of those in AA. We do accept service to the house.

Also Remember to:

- Take advantage of On-Line recovery resources
- Talk to your Sponsor and Use your Phone List to talk to others in your squad or find out about on-line video AA meetings.
- Join the Forest Lake Alano Society for \$5/month. This is a great way to strengthen your recovery with service! Look for pledge envelopes at the Club

FLAS 2021 Board of Directors

President – Dave G (daveg0010@gmail.com)

Vice President – Trever B. (arsbud@hotmail.com)

Secretary – Paul S. (pjfs60@yahoo.com)

Treasurer – Pat C. (156patc@gmail.com)

Asst. Treasurer – Rudy B (rudybachelor@gmail.com)

Director & Maintenance Coordinator – David H. (dvdhgn@aol.com)

Director & GSR/Squad Liaison – Rich M (jrwalleye78@gmail.com)

Director & Literature – Jeff W. (jeffwamsley@gmx.com)

Director & Intergroup Liaison – Paul B. (baulpowser@hotmail.com)