

156 Club Newsletter

156 Club location:

156 NW 3rd Street
Forest Lake, MN 55025
651-464-9906

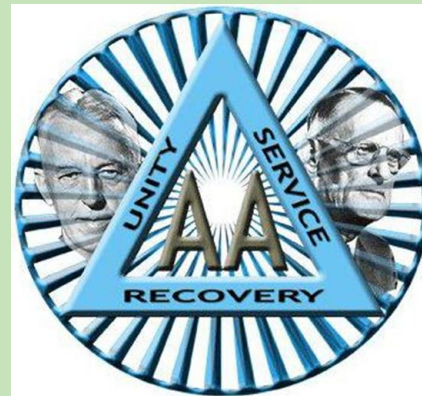
Mail & Donations to:

Forest Lake Alano Society
PO Box 101
Forest Lake, MN 55025

156AAClub@gmail.com

Website: 156AAClub.org

December, 2020



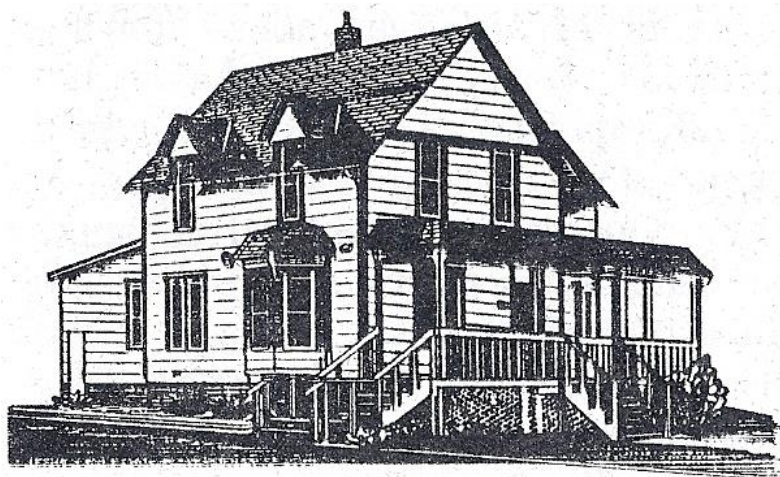
Welcome to the 156 Club

A new beginning every day!

The 156 Club is open to limited size indoor and outdoor meetings. There are also some Zoom meetings being held on-line. We are doing a great job of social distancing, but as a reminder – **masks must be used inside the house.** Please consider your health and those around you as you decide if you can attend a meeting.

We have a **NEW WEBSITE!** – visit 156AAClub.org for more info!!!

The **156 Club** is home to 27 AA, NA and Alanon meetings, either open or closed, for those in recovery and those with a loved one who is an alcoholic/addict or a recovering alcoholic/addict.



Providing a Safe Place for Recovery Since 1975

The 156 Club is administered by the Forest Lake Alano Society Board of Directors as a safe and encouraging place for 12 Step meetings and those in need of support for addiction recovery.

Step 12: “Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.”

Tradition 12: “Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.”

December 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

FLAS / 156 Club events:

- **Next Speaker Meeting**
Sat. Dec 5 (tentative)
 - Fellowship – 6:00 –6:45 pm
 - Speaker tbd – 7:00 pm
 - Bonfire following speaker
- **Squad Leader / Fellowship Committee Meeting:**
Tues, Dec 8th at 7:30pm.
- **NO Christmas Program due to Covid** – we are pained by this, too...
- **FLAS Board Meeting (all welcome)**
Tues, Dec 29th
 - 7:00pm Up
 - (Zoom link available)
- **FLAS Annual Mtg**
Jan 12th, 2020, 8pm (Basement)
 - Open to all
 - FLAS members vote
 - Zoom link will be available (see website for link)

Other AA events:

- St. Paul Intergroup Events and regional info:
 - <https://www.aastpaul.org/>

News From 156 Club:

Please visit our new website!

We now have a website for the 156 Club – 156AAClub.org – to help us get you the best information. Please share this link to others in recovery. I welcome suggestions for improvement! Send comments to Dave G. at 156AAClub@gmail.com.

Reminder to be Covid Safer!

Covid-19 contact risk is higher than ever in our area. **To comply with the latest MN Governor's order, we have reduced the occupancy limit of even the large basement room to 10 people. Unfortunately, we have also eliminated coffee service to eliminate having masks being taken down.** While AA meetings are still exempt from shutting down altogether, there is always an increased risk of contacting a virus while attending indoor meetings. The last thing our attendees need is for the Club to be shut down due to us having a super-spreader event! Please continue to enforce the use of masks and social distancing inside the house at all times. Thank you for continuing to follow the room occupancy limits and cleaning protocols and encouraging your attendees to use sanitizer frequently. If you have any questions contact Rich M or a Board member.

SQUAD LEADERS: Please update your status with Rich M!

With the turmoil around Covid-19 and the many resulting changes to the people leading our AA meetings, we are working to update the squad leader list for all of our meetings. Please look in your mail box slot for an information form to fill out and return to Rich M. Please do this ASAP so we can quickly get the latest Club information and any new Covid rules to you and your squads. Thank You!

We have a new shed!

You will notice a new shed in the SW corner of our parking lot. Thanks to Gary T and his team for getting this ordered and installed. There is still some work to do to add shelves and lights to the interior and build a ramp, but it is almost ready to use.

Club Service Opportunities

Alano Society Board Openings: We have three (3) seats opening up for 3 year terms in January. If you are a FLAS and would like to volunteer some of your time to help the 156 Club, please talk to Brett or any of the directors listed below. We will be voting for these positions at our Jan 12th FLAS Annual Meeting

FLAS News: With Covid reducing our donations in 2020, we need financial help for 2021. Please consider donating and FLAS membership. The membership cost will remain at \$60/yr or \$5/mo – a great value to support such an important program! We can also welcome larger donations (up to \$5K max).

Also Remember to:

- Take advantage of On-Line recovery resources
- Talk to your Sponsor and Use your Phone List to talk to others in your squad or find out about on-line video AA meetings.

FLAS 2020 Board of Directors

President – Brett M. (btfrstlk@gmail.com)

Vice President – Chuck K.

(Charles.Kropelnicki@dieboldnixdorf.com)

Secretary – Dave G. (daveg0010@gmail.com)

Treasurer – Jacki G. (gavettj@gmail.com)

Asst. Treasurer – Phil B.

Director – Becky C. (cruzenbecky@yahoo.com)

Director – David H. (dvdhgn@aol.com)

Director – Gary T. (gt.interiors54@gmail.com)

Director – Rich M (jrwalleye78@gmail.com)

Join the Forest Lake Alano Society for \$5/month. This is a great way to enhance your recovery through service! Look for pledge envelopes in main gathering area.