156 Club Newsletter

156 Club location: 156 NW 3rd Street Forest Lake, MN 55025 651-464-9906

September, 2020

Mail & Donations to: Forest Lake Alano Society PO Box 101 Forest Lake, MN 55025

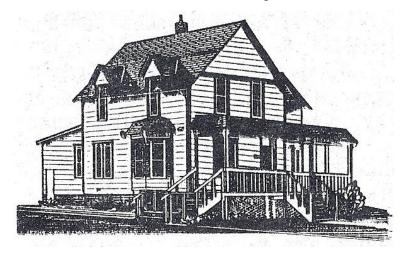


Welcome to the 156 Club

A new beginning every day!

The house is open to limited size indoor and outdoor meetings since June 1st. There are also Zoom meetings being held on-line. For the most part attendees are doing a great job of social distancing, but as a reminder – <u>masks must be used inside the</u> <u>house</u>. Please consider your health and those around you as you decide if you can attend a meeting.

The 156 Club is home to 27 AA, NA and Alanon meetings, either open or closed, for those in recovery and those with a loved one who is an alcoholic/addict or a recovering alcoholic/addict.



Providing a Safe Place for Recovery Since 1975

The 156 Club is administered by the Forest Lake Alano Society as a safe place for 12 Step meetings and those in recovery.

Step 9: "Made direct amends to such people wherever possible, except when to do so would injure them or others"

Tradition 9: "A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve."

September 2020



FLAS / 156 Club events:

- Speaker Meeting (Outdoor) Sat. Sept 5th, Front Lawn
 - Fellowship 6:00 –6:45 pm
 - Speaker Dave W. 7:00 pm
- Bonfire following speaker (bring your own chair)
- Squad Leader / Fellowship Committee Meeting:
 - Tues, Sept 8 at 7:30pm.
- Family BBQ & Speaker Mtg:
 - Sat, Oct 3rd (156 Club Yard) (bring your own chair)
 - Fellowship & Games with Music by Rudy B.: 3-5pm
 - Dinner 5-6:30 pm
 - Speaker (CJM On the History of AA) 7pm
- FLAS Board Meeting (all welcome) – Last Tuesday at 7:00pm (Zoom link available)
- •FLAS Annual Mtg Jan 12th

Other AA events:

- St. Paul Intergroup Events and regional info:
 - https://www.aastpaul.org/

News From 156 Club:

Join us for our Sept 5th Outdoor Speaker Meeting!

Our first speaker meeting since the COVID-19 pandemic was held on Saturday evening, Aug 1st. After 45 min of fellowship time, Don R. was the speaker and spoke from the front porch to a group of about 35 people. In accordance with health guidelines, all were socially distanced on the lawn. The next speaker event will be Sat. Sept 5th at 7pm, following fellowship at 6pm, when Dave W. will speak about his AA experience. We'll also plan on a bonfire following Dave's talk!

156 Club Service Opportunities

The FLAS Board has an open postion. If you are a member of the Forest Lake Alano Society (dues paid for 2020) and have an interest in serving on our Board, please contact Brett M. or any Board Member. The Board meets monthly and manages the 156 Club house and budget. We don't run the AA meetings, but do work to provide an environment for recovery at the Club for all.

Calling Shed Builders for October...: If you are looking fore a fun service opportunty with others in recovery, you have your chance the weekends of Oct 17th and 24th. Gary T will be leading a team to build a new storage shed for the 156 Club and he needs help from those of you who are willing and able. Please contact Gary at <u>gt.interiors54@gmail.com</u> if you can help even for a few hours.

Family BBQ and Speaker Mtg: We are looking forward to the first 156 Club family event since well before Covid-19 hit us all! We know we still have to socially distance, but it will be a great event to celebrate the fellowhip of our club and sharing this with our families. We DO need help however with setting up, serving the meal and with clean up. Please contact Rich M at <u>irwalleye78@gmail.com</u> if you can help us for an hour or two before, during or after the event to help us out.

156 Club website creatiion: Contact Dave G. if you have webmaster experieince. We'd like to create a 156 Club website to serve you better.

From the editor: So that we can connect with you better, please share your email address with Dave G., our Board Secretary, at <u>Daveg0010@gmail.com</u>. We will share info with you in a "blind copy" mode only.

Remember to:

- Take advantage of On-Line recovery resources
- Talk to your Sponsor and Use your Phone List to talk to others in your squad or find out about on-line video AA meetings.

FLAS 2020 Board of Directors

 $President - Brett \ M. \ ({\tt btfrstlk@gmail.com})$

Vice President – Chuck K. (Charles.Kropelnicki@dieboldnixdorf.com)

Secretary – Dave G. (daveg0010@gmail.com)

Treasurer – Jacki G. (gavettj@gmail.com)

Asst. Treasurer – Phil B.

Director – Open (See Brett M. or Board Member if interested)

Director – David H. (dvdhgn@aol.com)

Director – Gary T. (gt.interiors54@gmail.com)

Director – Rich M (jrwalleye78@gmail.com)

If you have suggestions for improving our 156 Club please talk to any Board member or send us a note!

Join the Forest Lake Alano Society for \$5/month. This is a great way to enhance your recovery through service! Look for pledge envelopes in main gathering area.