

# 156 Club Newsletter

## 156 Club location:

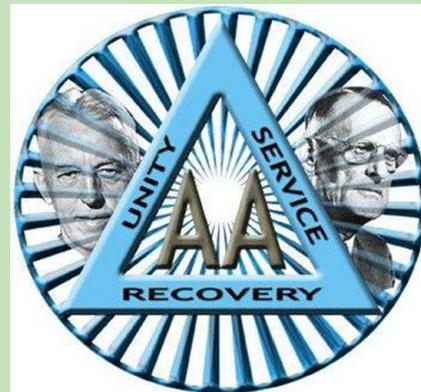
156 NW 3<sup>rd</sup> Street  
Forest Lake, MN 55025  
651-464-9906

## Mail & Donations to:

Forest Lake Alano Society  
PO Box 101  
Forest Lake, MN 55025

[156AAClub@gmail.com](mailto:156AAClub@gmail.com)

Website: [156AAClub.org](http://156AAClub.org)



May, 2021

## 156 Club – Recover with Us!

*A new beginning every day!*

The 156 Club is open to limited size indoor and outdoor meetings. There are also some Zoom meetings being held on-line. We are doing a great job of social distancing. Thank You! **Please** continue wearing your masks inside and consider your health and those around you as you decide if you can attend a meeting.

For the most up to date meeting and other Club information, visit [156AAClub.org](http://156AAClub.org).

The **156 Club** is home to 27 AA, NA and Alanon meetings, either open or closed, for those in recovery and those with a loved one who is an alcoholic/addict or a recovering alcoholic/addict.



Providing a Safe Place for Recovery Since 1975

*The 156 Club is administered by the Forest Lake Alano Society Board of Directors as a safe and encouraging place for 12 Step*

**Step 5:** “Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.”

**Tradition 5:** “Each group has but one primary purpose-to carry its message to the alcoholic who still suffers.”

## May 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

www.a-printable-calendar.com

## FLAS / 156 Club events:

- Club AA Meetings can be found at [156aaclub.org/schedule-1](http://156aaclub.org/schedule-1)
- **Next Speaker Meeting – May 1st**  
1<sup>st</sup> Saturday of the Month  
Fellowship @ 6 pm  
Speaker @ 7 pm – Rich M.
- **Squad Leader / Fellowship Committee Meeting:**  
Tues, May 11<sup>th</sup>, 7:30pm  
Contact Rich M. for more info.
- **FLAS Monthly Board Meeting**  
(all welcome, Zoom link avail from Dave G.)  
Tues, May 26<sup>th</sup>, 7:00pm Upstairs  
[Note: Board mtgs will be moved to **Monday @ 7pm from Jun to Nov**]
- **Spring Recovery Event!**  
Family BBQ, Music, Speaker  
June 5<sup>th</sup> 3 pm at the Club
- **New Meditation Meeting**  
Mondays, 5pm, main floor – contact John N. for info (612-817-1426)

## Other AA events:

- St. Paul Intergroup Events and regional info:  
- <https://www.aastpaul.org/>

# News From 156 Club:

## Fellowship News

**June 5<sup>th</sup> BBQ and Recovery Event!** Modeled after last October's successful Booya/Fellowship event, the FLAS Board, the Squad Leaders and the Fellowship Committee are hosting an outdoor spring recovery event! There will be fellowship and children's activities starting at 3pm, a BBQ dinner (\$5 suggested donation) served by your FLAS Board at 5pm along with music by Rudy B and Dave P! We will have a speaker at 7pm, followed by a bonfire (weather permitting). We'll have tents in case its wet, but we are hoping for a great evening! The Committee is looking for volunteer help at the event, so please contact Rich M. and/or attend the next meeting on Tues May 11<sup>th</sup> at 7:30pm.

**156 Club June 27<sup>th</sup> Golf Outing:** Spring fever has also brought thoughts of other outdoor events. Chuck K and Paul S are organizing a 156 Club golf outing on June 27<sup>th</sup> at Tanners Brook Golf Course. If you are interested please contact them (see the Board contact list below). Sign up by June 13<sup>th</sup>.

**Please visit our website!** [156AAClub.org](http://156AAClub.org)

Send comments or questions about the site to Dave G. at [156AAClub@gmail.com](mailto:156AAClub@gmail.com).

## **Reminder to be Covid Safe!**

Covid-19 contact risk is still high in our area but seems to be getting better. Consistent with the **MN Governor's orders, we have increased to the social distancing occupancy limit in the large basement room and have increased some of the other rooms slightly as well. We have also reinstated coffee, but ask that people do not congregate around the coffee pot and only lower their mask when actively drinking.** Remember, there is always an increased risk of contacting a virus from indoor events. If you have any questions contact Rich M or a Board member.

## **Club Service Opportunities**

**Zoom Meeting Leaders wanted:** We have purchased a Zoom subscription that will be available for Club sanctioned AA meetings. Contact Dave G or Trever B for info.

### **THANK YOU to Brian W. and RJ's Property Maintenance for our Spring Clean-Up!**

Please consider RJ's for your landscaping needs! <http://www.rjspropertymaintenance.com/>

**FLAS News:** Please consider an FLAS membership. The membership cost will remain at \$60/yr minimum or \$5/mo – a great value to support such an important program! Many members choose larger donations (up to \$5K).

### **Also Remember to:**

- Take advantage of On-Line recovery resources
- Talk to your Sponsor and Use your Phone List to talk to others in your squad or find out about on-line video AA meetings.

## **FLAS 2021 Board of Directors**

**President** – Jackie G ([gavettj@gmail.com](mailto:gavettj@gmail.com))

**Vice President** – Dave G ([daveg0010@gmail.com](mailto:daveg0010@gmail.com))

**Secretary** – Trever B. ([arsbud@hotmail.com](mailto:arsbud@hotmail.com))

**Treasurer** – Chuck K.

([Charles.Kropelnicki@dieboldnixdorf.com](mailto:Charles.Kropelnicki@dieboldnixdorf.com))

**Asst. Treasurer** – Pat C. ([156patc@gmail.com](mailto:156patc@gmail.com))

**Director & Intergroup Liaison** – Brett M.

([btfrstk@gmail.com](mailto:btfrstk@gmail.com))

**Director & Maintenance Coordinator** – David H.

([dvdhgn@aol.com](mailto:dvdhgn@aol.com))

**Director & Literature Coordinator** – Paul S.

([pjfs60@yahoo.com](mailto:pjfs60@yahoo.com))

**Director & Squad Liaison** – Rich M

([jrwalle78@gmail.com](mailto:jrwalle78@gmail.com))

Join the Forest Lake Alano Society for \$5/month. This is a great way to strengthen your recovery with service! Look for pledge envelopes at the Club.