

156 Club Newsletter

156 Club location:

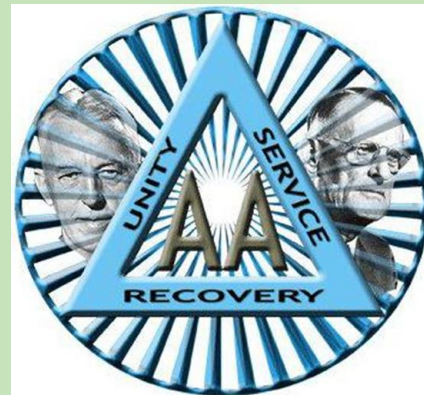
156 NW 3rd Street
Forest Lake, MN 55025
651-464-9906

Mail & Donations to:

Forest Lake Alano Society
PO Box 101
Forest Lake, MN 55025

156AAClub@gmail.com

Website: 156AAClub.org



January, 2021

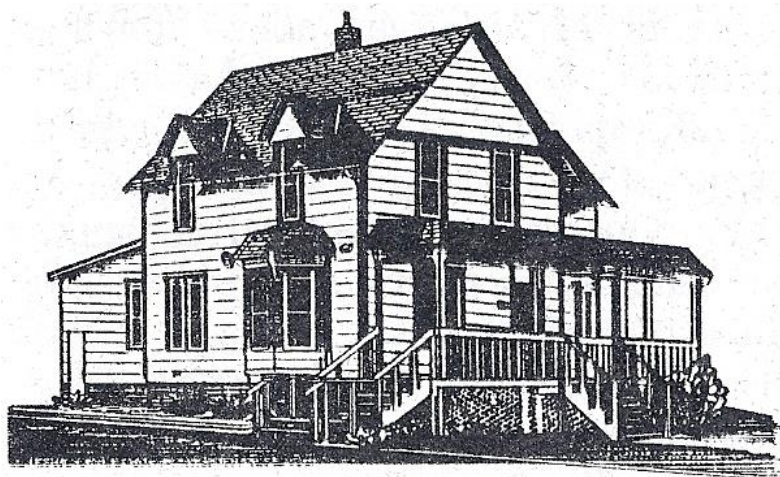
Happy New Year! @156 Club

A new beginning every day!

The 156 Club is open to limited size indoor and outdoor meetings. There are also some Zoom meetings being held on-line. We are doing a great job of social distancing. Thank You! **Please continue wearing your masks inside** and consider your health and those around you as you decide if you can attend a meeting.

We have a NEW WEBSITE! – visit 156AAClub.org for Club info!

The 156 Club is home to 27 AA, NA and Alanon meetings, either open or closed, for those in recovery and those with a loved one who is an alcoholic/addict or a recovering alcoholic/addict.



Providing a Safe Place for Recovery Since 1975

The 156 Club is administered by the Forest Lake Alano Society Board of Directors as a safe and encouraging place for 12 Step meetings and those in need of support for addiction recovery.

Step 1: “We admitted we were powerless over alcohol - that our lives had become unmanageable.”

Tradition 12: “Our common welfare should come first; personal recovery depends upon A.A. unity.”

January 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

www.primisite-calendar.com

FLAS / 156 Club events:

- **Next Speaker Meeting**
1st Saturday of the Month
Fellowship @ 6:30 pm
Speaker @ 7pm - tbd
- **Squad Leader / Fellowship Committee Meeting:**
Tues, Jan 19th at 7:30pm.
- **FLAS Board Meeting**
(all welcome)
Tues, Jan 26th
- 7:00pm Basement
(Zoom link available from Dave G.)
- **FLAS Annual Mtg**
Jan 12th, 2020, 8pm (Basement)
- Open to all
- FLAS members vote
- Zoom link will be available (see 156AAClub.org for link)

Other AA events:

- St. Paul Intergroup Events and regional info:
- <https://www.aastpaul.org/>

News From 156 Club:

Join us for the FLAS Annual Meeting - Jan 12th, 8pm

This year's annual meeting will be held on site for board members and via zoom for most of us. The link can be found on the Meetings/Events page of our Website

(156AAClub.org). **At the meeting we will review 2020 and elect/fill the 3 open slots we have. The term for each board member is 3 years and there are a total of 9 members.**

Society members in good standing can run for one of these 3 open Board seats. There will also be a Q&A session so you can let your Board know your ideas for making the 156 Club house even better as a host for your AA, NA or Alanon meetings! Call or write Dave G. or any Board member for more info.

Please visit our new website!: 156AAClub.org

Send comments to Dave G. at 156AAClub@gmail.com.

Reminder to be Covid Safer!

Covid-19 contact risk is higher than ever in our area. **To comply with the latest MN Governor's order, we have reduced the occupancy limit of even the large basement room to 10 people. Unfortunately, we have also eliminated coffee service to eliminate having masks being taken down.** While AA meetings are still exempt from shutting down altogether, there is always an increased risk of contacting a virus while attending indoor meetings. The last thing our attendees need is for the Club to be shut down due to us having a super-spreader event! Please continue to enforce the use of masks and social distancing inside the house at all times. Thank you for continuing to follow the room occupancy limits and cleaning protocols and encouraging your attendees to use sanitizer frequently. If you have any questions contact Rich M or a Board member.

SQUAD LEADERS: Please update your status with Rich M!

If you haven't already filled out the form in your mail box slot, please do so and return it to Rich M.

Club Service Opportunities

Alano Society Board Openings: We have three (3) seats opening up for 3 year terms in January. If you are a FLAS and would like to volunteer some of your time to help the 156 Club, please talk to Brett or any of the directors listed below. We will be voting for these positions at our Jan 12th FLAS Annual Meeting

FLAS News: With Covid reducing our donations in 2020, we need financial help for 2021. Please consider donating and FLAS membership. The membership cost will remain at \$60/yr or \$5/mo – a great value to support such an important program! We can also welcome larger donations (up to \$5K max).

Also Remember to:

- Take advantage of On-Line recovery resources
- Talk to your Sponsor and Use your Phone List to talk to others in your squad or find out about on-line video AA meetings.

FLAS 2020 Board of Directors

President – Brett M. (btfrstlk@gmail.com)

Vice President – Chuck K.
(Charles.Kropelnicki@dieboldnixdorf.com)

Secretary – Dave G. (daveg0010@gmail.com)

Treasurer – Jacki G. (gavettj@gmail.com)

Asst. Treasurer – Phil B.

Director – Becky C. (cruzenbecky@yahoo.com)

Director – David H. (dvdhgn@aol.com)

Director – Gary T. (gt.interiors54@gmail.com)

Director – Rich M (jrwalle78@gmail.com)

Join the Forest Lake Alano Society for \$5/month. This is a great way to enhance your recovery through service! Look for pledge envelopes in main gathering area.