

# 156 Club Newsletter

## 156 Club location:

156 NW 3<sup>rd</sup> Street  
Forest Lake, MN 55025  
651-464-9906

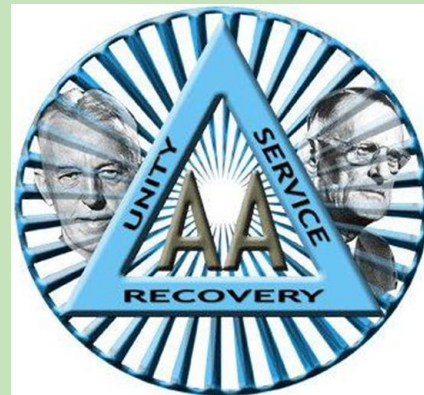
## Mail & Donations to:

Forest Lake Alano Society  
PO Box 101  
Forest Lake, MN 55025

[156AAClub@gmail.com](mailto:156AAClub@gmail.com)

Website: [156AAClub.org](http://156AAClub.org)

**July, 2021**



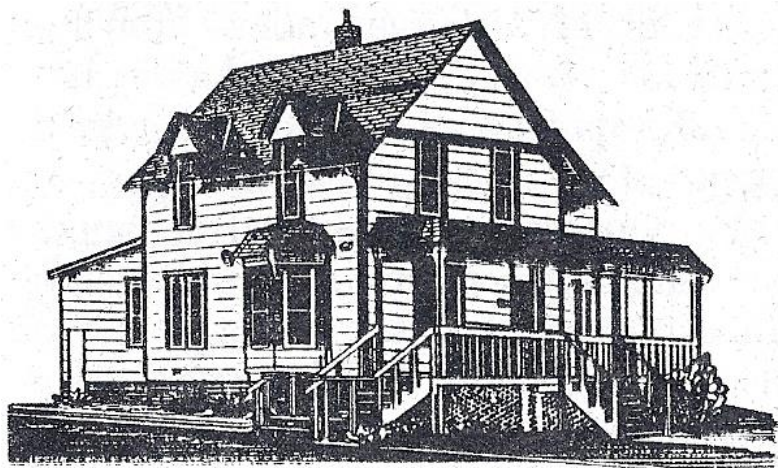
## 156 Club – Recover with Us!

*A new beginning every day!*

The 156 Club is now fully open to indoor and outdoor meetings! There are also some Zoom meetings being held on-line. Thank you for doing a great job of social distancing over the last 15 months! **Masks are no longer required, but please respect those who wish to continue wearing masks.**

For the most up to date meeting and other Club information, visit [156AAClub.org](http://156AAClub.org).

The **156 Club** is home to 27 AA, NA and Alanon meetings, either open or closed, for those in recovery and those with a loved one who is an alcoholic/addict or a recovering alcoholic/addict.



Providing a Safe Place for Recovery Since 1975

*The 156 Club is administered by the Forest Lake Alano Society Board of Directors as a safe and encouraging place for 12 Step meetings and those in need of support for addiction recovery.*

**Step 7:** “Humbly asked Him to remove our shortcomings”

**Tradition 6:** “Every A.A. group ought to be fully self-supporting, declining outside contributions.”

2021 JULY						
SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

www.free-printable-calendar.com

### FLAS / 156 Club events:

- Club AA Meetings can be found at [156aaclub.org/schedule-1](http://156aaclub.org/schedule-1)
- **Next Speaker Meeting – Aug 7<sup>th</sup>**  
(no July speaker due to 4<sup>th</sup> conflicts)  
Fellowship 6 pm  
Speaker @ 7pm = tbd
- **Squad Leader / Fellowship Committee Meeting:**  
Tues, June 13<sup>th</sup>, 7:30pm  
Contact Rich M. for more info.
- **FLAS Monthly Board Meeting**  
(all welcome, Zoom link avail from Dave G.)  
Mon, July 27<sup>th</sup>, 7:00pm Upstairs  
*[Note: Board mtgs have been moved to Mondays @ 7pm from Jun - Nov]*

### Other AA events:

- St. Paul Intergroup Events and regional info:
  - <https://www.aastpaul.org/>
  - 24 hr AA call line: (651) 227-5502

# News From 156 Club:

## Fellowship News

### The June 5<sup>th</sup> BBQ and Recovery Event was fantastic fellowship fun!

We had a great turnout for this event, modeled after last October's successful Booya/Fellowship event. The kids enjoyed the afternoon activities and everyone appreciated the music provided by Rudy B, Dave P and Ernie K. Steve W led the BBQ dinner crew and provided a great meal as always! Our speaker, Tyler S, inspired us to keep our recovery relevant and alive. Our next event will be late September!. Contact Rick M.

Do you like to play Softball??? Members of the 156 Club have suggested getting a softball team together for the fall or next year. There is a sober league in St Paul that would be a super opportunity to share our recovery with and to have some good friendly competition. These events are a great way to meet others and to bring family for sideline fun! **If you are interested in softball, please let Rich M, Paul S or David H know (see their email addresses below).**

**Thank YOU for your fantastic cooperation over the last 16 months!!!** The FLAS Board and your fellow 156 Club attendees appreciate your discipline and understanding. Let's pray we never have to go through this again!

### A Step 7 reflection... [excerpted from JD D., *The COIN Newsletter, Santa Clara County, CA*]:

*I am continually amazed that Step Seven takes but a single paragraph in the Big Book of Alcoholics Anonymous. As is often the case, we look to the Twelve Steps and Twelve Traditions for some greater detail, where this critical step is aptly explained in seven pages. As a student of numbers, I was then fascinated to count the words in Step Seven itself: "Humbly asked Him to remove our shortcomings." Of course, this entire step can be summed up in a single word – humility.*

The 156 Club does not take contributions from outside the club, other than for service to the house. We really appreciate your contributions at meetings, your FLAS Dues and your support in all other ways!

### Please visit our website! [156AAClub.org](http://156AAClub.org)

Send comments or questions about the site to Dave G. at [156AAClub@gmail.com](mailto:156AAClub@gmail.com).

## Club Service Opportunities

**Zoom Meeting Leaders wanted:** We have purchased a Zoom subscription that will be available for Club sanctioned AA meetings. Contact Dave G or Trever B for info.

**FLAS News:** Please consider an FLAS membership. The membership cost will remain at \$60/yr minimum or \$5/mo – a great value to support such an important program! Many members choose larger donations (up to \$5K).

### **Also Remember to:**

- Take advantage of On-Line recovery resources
- Talk to your Sponsor and Use your Phone List to talk to others in your squad or find out about on-line video AA meetings.
- Join the Forest Lake Alano Society for \$5/month. This is a great way to strengthen your recovery with service! Look for pledge envelopes at the Club

### FLAS 2021 Board of Directors

**President** – Jackie G ([gavettj@gmail.com](mailto:gavettj@gmail.com))

**Vice President** – Dave G ([daveg0010@gmail.com](mailto:daveg0010@gmail.com))

**Secretary** – Trever B. ([arsbud@hotmail.com](mailto:arsbud@hotmail.com))

**Treasurer** – Chuck K.  
([Charles.Kropelnicki@dieboldnixdorf.com](mailto:Charles.Kropelnicki@dieboldnixdorf.com))

**Asst. Treasurer** – Pat C. ([156patc@gmail.com](mailto:156patc@gmail.com))

**Director & Intergroup Liaison** – Brett M.  
([btfrstlk@gmail.com](mailto:btfrstlk@gmail.com))

**Director & Maintenance Coordinator** – David H.  
([dvdhgn@aol.com](mailto:dvdhgn@aol.com))

**Director & Literature Coordinator** – Paul S.  
([pjfs60@yahoo.com](mailto:pjfs60@yahoo.com))

**Director & Squad Liaison** – Rich M  
([jrwalle78@gmail.com](mailto:jrwalle78@gmail.com))