

156 Club Newsletter

156 Club location:

156 NW 3rd Street
Forest Lake, MN 55025
651-464-9906

Mail & Donations to:

Forest Lake Alano Society
PO Box 101
Forest Lake, MN 55025

156AAClub@gmail.com

Website: 156AAClub.org

February, 2026



156 Club – *Recover with us!*

The 156 is home to 25 AA, NA, and Alanon meetings, either open or closed, for those in recovery and those with a loved one who is an alcoholic/addict. Meetings are held in person at the 156 Club, except for those held on-line via *Zoom*.

In addition to our meetings, the 156 Club organizes activities and events, such as AA workshops, speaker meetings, potlucks, gatherings, and promoting fellowship for recovery.

Note: Meeting schedules are NOT changed for holidays.

For the most up-to-date information on meetings and other club information, visit our website at 156AAClub.org.



Providing a Safe Place for Recovery Since 1975

The 156 Club is administered by the Forest Lake Alano Society Board of Directors as a safe and encouraging place for 12-step meetings and those in need of support for addiction recovery.

Step 2: Came to believe that a Power greater than ourselves could restore us to sanity.

Tradition 2: For our group purpose there is but one ultimate authority – a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.

A.A. Meetings:

Mon	10:00 am, 7:00pm
Tue	10:00 am, 7:00 pm (Men's), 8:00 pm, 7:00 pm (Alanon)
Wed	10:00 am, 5:00 pm 6:00 pm (Women's), 7:00 pm, 8:00 pm (Closed)
Thur	10:00 am, (Open Topic) 7:00 pm (Open), 7:00 pm (Big Book) 8:30 pm (Alanon)
Fri	9:00 am, 10:00 am (Meditation), 7:00 pm
Sat	8:00 am, 10:00 am 10:00 am (ZOOM) 7:00 pm (Open AA / Alanon)
Sun	9:00 am, 6:00 pm (Women's) 7:00 pm (Big Book)

FLAS / 156 Club events:

Club AA Meetings can also be found at: 156aaclub.org/schedule-1

Other AA events/resources:

St. Paul Intergroup info:

<https://www.aastpaul.org/>

-24-hour AA call line: (651) 227-5502

<http://www.minnesotaga.com/find-a-meeting.html>

156 has Venmo!

Forest Lake AA Groups

@FL-156-AA-Groups



venmo

Scan this code to pay

News From 156 Club:

Fellowship News

- New Board Members have been elected! The updated 2026 Board Member contact list has been updated and can be found at the bottom of this page.
- Speaker Meetings on the first Saturday of each month. Fellowship Potluck 6–7 pm, Speaker at 7 PM.
- SQUAD LEADERS! Reminder to write your squad number on your money envelopes and get a second initial next to the dollar amount. It's important for our club to be precise! Thank you!

Step 2 and Tradition 2 Reflection

- *Step 2 builds on the honesty of Step 1 by offering hope. After admitting we couldn't manage life on our own, we're invited to believe that help beyond ourselves is possible. A Power greater than ourselves doesn't require certainty—just willingness. For many of us, that power began with the group, the program, or seeing others stay sober when we could not. Step 2 reminds us that recovery comes not from control, but from trust and openness.*
- *Tradition 2 reminds us that AA has no rulers—only trusted servants. Our leaders do not govern; they serve, guided by the group conscience and a loving Higher Power. This tradition encourages humility, patience, and respect for one another's voices, even when we disagree. When we trust the process and allow the group conscience to lead, we create a space where everyone can be heard and recovery can continue to grow.*

Club Service Opportunities

- 156 Club Speaker Meeting is the first Saturday each month. Reach out to Blair if interested in sharing your story! 651-269-3992
- Support your FLAS: Please consider an FLAS membership. The membership cost will remain at \$60/yr minimum or \$5/mo. The 156 Club only accepts contributions from those or on behalf of those in A.A. We do accept service to the house from all.

FLAS 2026 Board of Directors

President – Adam E.

Vice-President – Trevor B.

Treasurer - Nick K.

Assistant Treasurer – Katie S.

Secretary/Communications – Kelly P.

Maintenance Coordinator - Zach U.

Squad Liaison – Matt U.

GSR/Intergroup Liaison – Andrew M.

Email us! 156AAClub@gmail.com