

# 156 Club Newsletter

## 156 Club location:

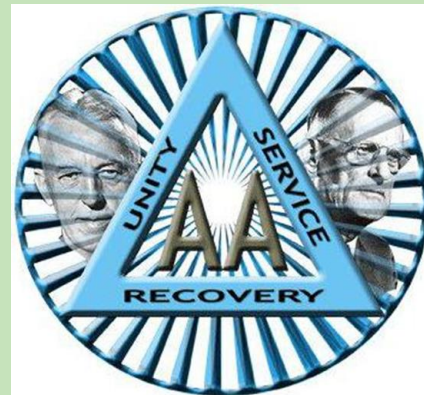
156 NW 3<sup>rd</sup> Street  
Forest Lake, MN 55025  
651-464-9906

## Mail & Donations to:

Forest Lake Alano Society  
PO Box 101  
Forest Lake, MN 55025

[156AAClub@gmail.com](mailto:156AAClub@gmail.com)

Website: [156AAClub.org](http://156AAClub.org)



**March, 2021**

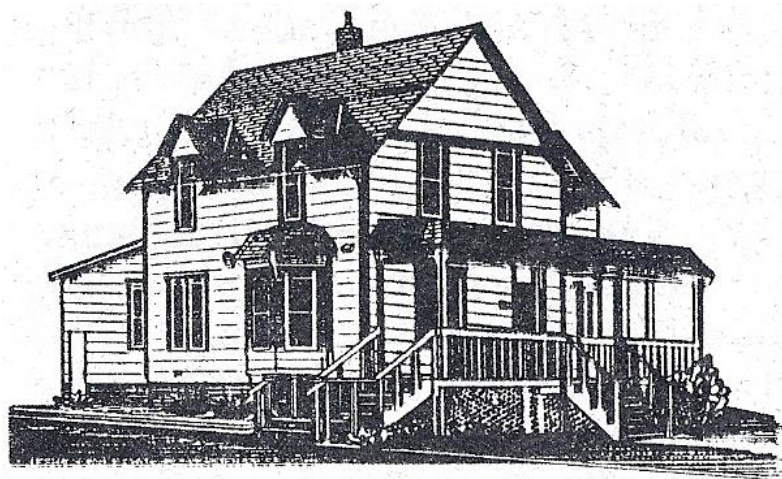
## 156 Club – Recover with Us!

*A new beginning every day!*

The 156 Club is open to limited size indoor and outdoor meetings. There are also some Zoom meetings being held on-line. We are doing a great job of social distancing. Thank You! **Please continue wearing your masks inside** and consider your health and those around you as you decide if you can attend a meeting.

For the most up to date meeting and other Club information, visit [156AAClub.org](http://156AAClub.org).

The 156 Club is home to 27 AA, NA and Alanon meetings, either open or closed, for those in recovery and those with a loved one who is an alcoholic/addict or a recovering alcoholic/addict.



Providing a Safe Place for Recovery Since 1975

*The 156 Club is administered by the Forest Lake Alano Society Board of Directors as a safe and encouraging place for 12 Step*

**Step 3:** “Made a decision to turn our will and our lives over to the care of God as we understood him.”

**Tradition 3:** “The only requirement for A.A. membership is a desire to stop drinking.”

## March 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

www.a- printable-calendar.com

## FLAS / 156 Club events:

- Club AA Meetings can be found at [156aaclub.org/schedule-1](http://156aaclub.org/schedule-1)
- **Next Speaker Meeting**  
**- Cancelled for March, next meeting planned for April**  
1<sup>st</sup> Saturday of the Month  
Fellowship @ 6:30 pm  
Speaker @ 7pm - tbd
- **Squad Leader / Fellowship Committee Meeting:**  
Tues, Mar 9<sup>th</sup>, 7:30pm  
**Note: we are looking for input to plan a May Club Fellowship event!**  
Contact Brett M. for more info.
- **FLAS Monthly Board Meeting**  
*(all welcome)*  
Tues, Feb 23<sup>rd</sup>, 7:00pm Upstairs  
*(Zoom link available from Dave G.)*
- **New Meditation Meeting**  
Mondays, 5pm, main floor – contact John N. for info (612-817-1426)

## Other AA events:

- St. Paul Intergroup Events and regional info:  
- <https://www.aastpaul.org/>

# News From 156 Club:

## Meet Jackie G, your new FLAS President!

I am truly honored to be a part of the Board of Directors and this club. The club, its members, and all the people that attend the meetings here have given so much to me the past few years that I feel like me serving on the Board and as your President is the least, I can do. I am truly honored to be your President and a part of this house.

My goal and purpose, as the President, is to help the club and attendees have the best experience possible while attending meetings as well as working with the other Board members to make sure we provide a healthy and safe environment for you. If you have any suggestions and/or concerns on things we can do to better your experience at the club, I welcome your input and will make sure the Board addresses all matters in a timely fashion.

Please visit our new website! [156AAClub.org](http://156AAClub.org)

Send comments or questions about the site to Dave G. at [156AAClub@gmail.com](mailto:156AAClub@gmail.com).

## Reminder to be Covid Safe!

Covid-19 contact risk is still high in our area but seems to be getting better. Consistent with the **latest MN Governor's order, we have increased to the social distancing limit of 22 persons in the large basement room and have increased some of the other rooms slightly as well. We have also reinstated coffee, but ask that people do not congregate around the coffee pot and only lower their mask when actively drinking.** Remember, there is always an increased risk of contacting a virus from indoor events. If you have any questions contact Rich M or a Board member.

## Fellowship: Please help us plan our May Club event!

Join us on March 9<sup>th</sup> at 7:30pm. This meeting will be held in collaboration with the squad leaders and their meeting. Brett M and Rick M are looking for input on this may event and for other fellowship events we can have in 2021 as well.

## Club Service Opportunities

**Zoom Meeting Leaders wanted:** If you are already leading Zoom AA meetings or are interested in starting one, we would like to publish contact info for these meetings on our website. We have also purchased a Zoom subscription that may be available for Club sanctioned AA meetings. Contact Dave G or Trevor B for info.

**FLAS News:** With Covid reducing our donations in 2020, we need financial help for 2021. Please consider an FLAS membership. The membership cost will remain at \$60/yr minimum or \$5/mo – a great value to support such an important program! Many members choose larger donations (up to \$5K max).

### **Also Remember to:**

- Take advantage of On-Line recovery resources
- Talk to your Sponsor and Use your Phone List to talk to others in your squad or find out about on-line video AA meetings.

## FLAS 2021 Board of Directors

**President** – Jackie G ([gavettj@gmail.com](mailto:gavettj@gmail.com))

**Vice President** – Dave G ([daveg0010@gmail.com](mailto:daveg0010@gmail.com))

**Secretary** – Trever B. ([arsbud@hotmail.com](mailto:arsbud@hotmail.com))

**Treasurer** – Chuck K.

([Charles.Kropelnicki@dieboldnixdorf.com](mailto:Charles.Kropelnicki@dieboldnixdorf.com))

**Asst. Treasurer** – Pat C. ([156patc@gmail.com](mailto:156patc@gmail.com))

**Director & Intergroup Liaison** – Brett M.

([btfrstlk@gmail.com](mailto:btfrstlk@gmail.com))

**Director & Maintenance Coordinator** – David H.

([dvdhgn@aol.com](mailto:dvdhgn@aol.com))

**Director & Literature Coordinator** – Paul S.

([pjfs60@yahoo.com](mailto:pjfs60@yahoo.com))

**Director & Squad Liaison** – Rich M

([jrwalleye78@gmail.com](mailto:jrwalleye78@gmail.com))

Join the Forest Lake Alano Society for \$5/month. This is a great way to strengthen your recovery with service! Look for pledge envelopes at the Club.