

156 Club Newsletter

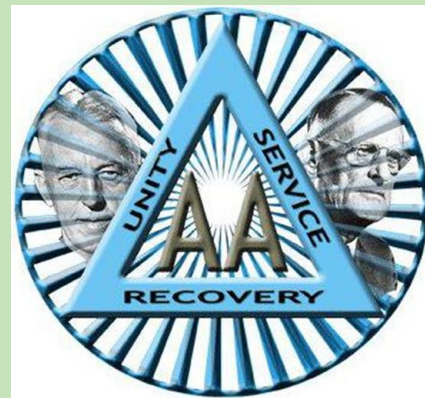
156 Club location:
156 NW 3rd Street
Forest Lake, MN 55025
651-464-9906

Mail & Donations to:
Forest Lake Alano Society
PO Box 101
Forest Lake, MN 55025

156AAClub@gmail.com

Website: 156AAClub.org

December, 2022



156 Club – Recover with Us!

A new beginning every day!

Happy Holidays!



The **156 Club** is home to 27 AA, NA and Alanon meetings, either open or closed, for those in recovery and those with a loved one who is an alcoholic/addict. Meetings are held in person at the 156 Club, except for those held on-line.

[Note: Meeting schedules are NOT changed for holidays]

For the most up to date meeting and other Club information, visit our website at: 156AAClub.org.



Providing a Safe Place for Recovery Since 1975

The 156 Club is administered by the Forest Lake Alano Society Board of Directors as a safe and encouraging place for 12 Step

Step 12: “Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.”

Tradition 12: “Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.”

DECEMBER 2022

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	Fellowship & Speaker 3
4	5	6	7	8	9	10
						Christmas Kids Party 1:30-3:30 Fellowship 5:30 Gratitude Mtg 7pm
11	12	13	14	15	16	17
22 Steps in 4 hours Noon-4pm						
18	19	20	21	22	23	24
		Board Meeting				
25	26	27	28	29	30	31

FLAS / 156 Club events:

Club AA Meetings can also be found at 156aaclub.org/schedule-1

- **Next Speaker Meeting – Jan 7th**
Fellowship/Pot Luck 6 - 7 pm
Speaker 7:00 pm = tbd
contact Brett M. @ btfrstlk@gmail.com
- **Christmas at the 156 Club:**
 - Kids Christmas Party 1:30pm – 3:30pm (Santa & Gifts!)
 - Family/Friend Pot Luck 5:30pm
 - Gratitude Mtg (open to all!) 7pm
- Back to Basics Workshop: “12 Steps in 4 Hours”
Sunday, Dec 18th, Noon to 4pm Room
- **FLAS Monthly Board Meeting**
(all welcome, Zoom link avail from Dave G.)
Tue, Dec 27th, 7:00pm Upstairs/Zoom

Other AA events/resources:

- St. Paul Intergroup info:
 - <https://www.aastpaul.org/>
 - 24 hr AA call line: (651) 227-5502
- St. Paul Intergroup Lifeline Newsletter
<https://www.aastpaul.org/?topic=12>
- Gambler’s Anonymous
- <http://www.minnesotaga.com/find-a-meeting.html>

News From 156 Club:

Fellowship News

Children's Christmas Party / FLAS Annual Meeting

Christmas Party, Dec 17th - The Fellowship committee is in the planning stages for a great family event for all of our 156 Club community! We'll be celebrating the season with a Kid's party and visit from Santa from 1:30-3:30, as well as Fellowship (Pot Luck) at 5:30pm and an open Gratitude meeting at 7pm!

At our **Annual Membership meeting on January 10th**, we will have 3 open seats from Board members who's terms are expiring and will ratify our Society By-Laws. This will be a great chance to contribute your talent and experience to our house of recovery! The only requirement to join the Board is sobriety and your commitment to join the Alano Society (\$60/yr). If you are interested, contact Dave G (Board President) or any current Board member. Our contact info is below.

A Step 12 reflection... [Excerpted from <https://alcoholics-anonymous.eu/step-twelve-reflections/>]:

What are the implications of Step 12?

"The joy of living is the theme of A.A.'s Twelfth Step and action is its key word. Here we turn outward toward our fellow alcoholics who are still in distress. Here we experience the kind of giving that asks no rewards. Here we begin to practice all Twelve Steps of the program in our daily lives so that we and those about us may find emotional sobriety. When the Twelfth Step is seen in its full implication, it is really talking about the kind of love that has no price tag on it."

Please visit our website! 156AAClub.org

Club Service Opportunities

Intergroup Phone and Night Owl help needed: Please contact Paul B. for more information @ baulpowser@hotmail.com

Support your FLAS: Please consider an FLAS membership. The membership cost will remain at \$60/yr minimum or \$5/mo. The 156 Club only accepts contributions from those or on behalf of those in AA. We do accept service to the house from all.

Also Remember to:

- Take advantage of On-Line recovery resources
- Talk to your Sponsor and Use your Phone List to talk to others in your squad or find out about on-line video AA meetings.
- Join the Forest Lake Alano Society for \$5/month. This is a great way to strengthen your recovery with service! Look for annual pledge notice and envelopes at the Club

FLAS 2021 Board of Directors

President – Dave G (daveg0010@gmail.com)

Vice President – Trever B. (arsbud@hotmail.com)

Secretary – Brett M. (btfrstlk@gmail.com)

Treasurer – Pat C. (156patc@gmail.com)

Asst. Treasurer – Rudy B (rudybachelor@gmail.com)

Director & Maintenance Coordinator – David H. (dvdhgn@aol.com)

Director & Literature– Tanya S. (sboardmember@gmail.com)

Director & Squad Liaison – Martin H. (mhsix7@gmail.com)

Director & Intergroup Liaison – Paul B. (baulpowser@hotmail.com)

Fellowship rep - Brett M. (btfrstlk@gmail.com)