

156 Club Newsletter

156 Club location:

156 NW 3rd Street
Forest Lake, MN 55025
651-464-9906

Mail & Donations to:

Forest Lake Alano Society
PO Box 101
Forest Lake, MN 55025

156AAClub@gmail.com

Website: 156AAClub.org



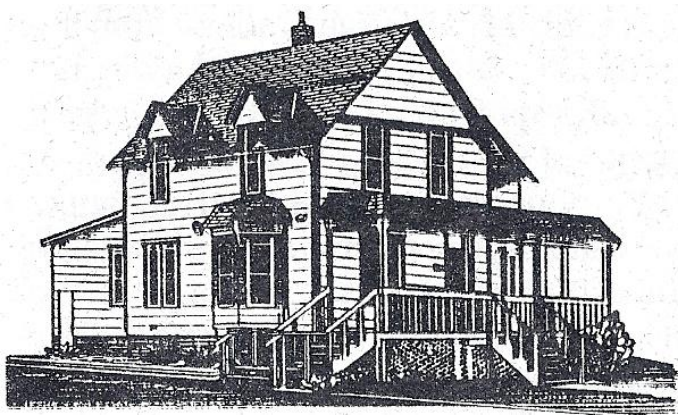
June, 2026

156 Club – *Recover with us!*

The 156 is home to 25 AA, NA, and Alanon meetings, either open or closed, for those in recovery and those with a loved one who is an alcoholic/addict. Meetings are held in person at the 156 Club, except for those held on-line via *Zoom*. In addition to our meetings, the 156 Club organizes activities and events, such as AA workshops, speaker meetings, potlucks, gatherings, and promoting fellowship for recovery.

Note: Meeting schedules are NOT changed for holidays.

For the most up-to-date information on meetings and other club information, visit our website at 156AAClub.org.



Providing a Safe Place for Recovery Since 1975

The 156 Club is administered by the Forest Lake Alano Society Board of Directors as a safe and encouraging place for 12-step meetings and those in need of support for addiction recovery.

A.A. Meetings:

Mon	10:00 am, 7:00pm
Tue	10:00 am, 7:00 pm (Men's), 8:00 pm, 7:00 pm (Alanon)
Wed	10:00 am, 5:00 pm 6:00 pm (Women's), 7:00 pm, 8:00 pm (Closed)
Thur	10:00 am, (Open Topic) 7:00 pm (Open), 7:00 pm (Big Book) 8:30 pm (Alanon)
Fri	9:00 am, 10:00 am (Meditation), 7:00 pm
Sat	8:00 am, 10:00 am 10:00 am (ZOOM) 7:00 pm (Open AA / Alanon)
Sun	9:00 am, 6:00 pm (Women's) 7:00 pm (Big Book)

FLAS / 156 Club events:

Club AA Meetings can also be found at: 156aaclub.org/schedule-1

Other AA events/resources:

St. Paul Intergroup info:

<https://www.aastpaul.org/>

-24-hour AA call line: (651) 227-5502

<http://www.minnesotaga.com/find-a-meeting.html>

156 has Venmo!

Forest Lake AA Groups

@FL-156-AA-Groups



venmo

Scan this code to pay

Step 6: Were entirely ready to have God remove all these defects of character.

Tradition 6: An A.A. group ought never endorse, finance or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

News From 156 Club:

Fellowship News

- Gopher State Roundup LI (51) Success! Thank you to everyone who donated funds and volunteered their time to represent the 156 Club at this year's Roundup. It was an incredible weekend of recovery and fellowship, and your support made all the difference!
- May Yard Sale a Huge Hit! Our May Yard Sale brought in a fantastic surplus of donations that directly helped fund our efforts at the Gopher State Roundup. A huge thank you to the coordinators, volunteers, and everyone who donated items to make this event such a triumph!
- Clubhouse Deck Upgrades This Summer! Thanks to a highly generous donation, the FLAS 156 Alano Society will soon be repairing and resurfacing the clubhouse deck. We are deeply grateful to our donors for making this vital safety improvement possible. We will share timeline updates as construction gets ready to start!
- Being Good Neighbors: As we transition to enjoying outdoor meetings and fellowship, please remain mindful and respectful of our neighbors by keeping noise levels down. Also, please always double-check that all bonfires are completely extinguished before leaving the property. Let's keep our space safe and welcoming!

Step 6 and Tradition 6 Reflection

- *Step Six is the bridge between self-discovery and surrender. While we easily identify the flaws that cause us pain, it is often much harder to let go of the behaviors we have used as armor for so long. True readiness simply means we have found the willingness to open our hands and stop holding onto what no longer serves our recovery, making room for grace to do the work.*
- *Cooperation without affiliation can be deceiving, and that staying unrelated to outside interests allows AA to remain autonomous. This, in turn, can help the fellowship remain strong and healthy for generations to come.*

Club Service Opportunities

- 156 Club Speaker Meeting is the first Saturday each month. Reach out to Blair if interested in sharing your story! 651-269-3992
- Support your FLAS: Please consider an FLAS membership. The membership cost will remain at \$60/yr minimum or \$5/mo. The 156 Club only accepts contributions from those or on behalf of those in A.A. We do accept service to the house from all.

FLAS 2026 Board of Directors

President – Adam E.

Vice-President – Trevor B.

Treasurer - Nick K.

Assistant Treasurer – Katie S.

Secretary/Communications – Kelly P.

Maintenance Coordinator - Zach U.

Squad Liaison – Matt U.

GSR/Intergroup Liaison – Andrew M.

Email us! 156AAClub@gmail.com