

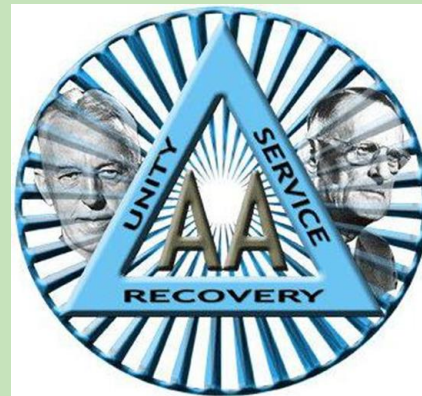
# 156 Club Newsletter

## 156 Club location:

156 NW 3<sup>rd</sup> Street  
Forest Lake, MN 55025  
651-464-9906

## Mail & Donations to:

Forest Lake Alano Society  
PO Box 101  
Forest Lake, MN 55025



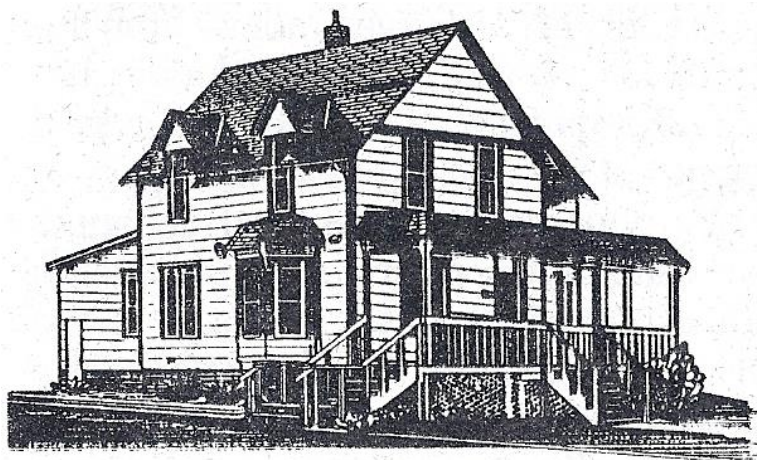
**November, 2020**

## Welcome to the 156 Club

*A new beginning every day!*

The 156 Club is open to limited size indoor and outdoor meetings. There are also some Zoom meetings being held on-line. We are doing a great job of social distancing, but as a reminder – **masks must be used inside the house.** Please consider your health and those around you as you decide if you can attend a meeting.

**The 156 Club** is home to 27 AA, NA and Alanon meetings, either open or closed, for those in recovery and those with a loved one who is an alcoholic/addict or a recovering alcoholic/addict.



Providing a Safe Place for Recovery Since 1975

*The 156 Club is administered by the Forest Lake Alano Society Board of Directors as a safe and encouraging place for 12 Step meetings and those in need of support for addiction recovery.*

**Step 11:** “Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.”

**Tradition 10:** “Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.”

## November 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

www.printable-calendar.com

## FLAS / 156 Club events:

- **Next Speaker Meeting** (*Outdoor, weather permitting*)  
Sat. Nov 7<sup>th</sup>
  - Fellowship – 6:00 –6:45 pm
  - Speaker tbd – 7:00 pm
  - Bonfire following speaker
- **Squad Leader / Fellowship Committee Meeting:**  
Tues, Nov 10<sup>th</sup> at 7:30pm.
- **FLAS Board Meeting** (*all welcome*)  
Tues, Nov 24<sup>th</sup>
  - 7:00pm basement
  - (*Zoom link available*)
- **FLAS Annual Mtg**  
Jan 12<sup>th</sup>, 2020, 8pm (*Basement*)
  - Open to all
  - FLAS members vote

## Other AA events:

- St. Paul Intergroup Events and regional info:
  - <https://www.aastpaul.org/>

# News From 156 Club:

## Thanks for the Yard Clean-up Help!

Chuck K. led a high-energy group that cleaned up the leaves and gardens of our 156 Club property on Saturday Oct 31<sup>st</sup>. We finally had a nice day for the work and with many hands the work went fast. The Halloween weather that day was a nice treat – with no tricks!

## Squad Leader Reminder to be Covid Safe!

Covid-19 contact risk is higher than ever in our area. The last thing our members and attendees need is for the Club to be shut down due to us having a super-spreader event! Please continue to enforce the use of masks and social distancing inside the house at all times. Please follow the room occupancy limits and cleaning protocol using the provided wipes and encourage your attendees to use sanitizer frequently. If you have any questions contact your Rich M or any Board member.

## 156 Club Service Opportunities

**Shed Builders:** We have decided to purchase a pre-fabricated shed for the 156 Club instead of building one from scratch. This unit will now be delivered in January and will not require quite as many people to install. Gary T will be leading a team to do the install, so contact him if you want to contribute at [gt.interiors54@gmail.com](mailto:gt.interiors54@gmail.com). We'll update the timing through this Newsletter.

**156 Club website coming soon!:** Contact Dave G. if you would like to help with website content input. With Matt P's help, we have created a draft website and will be adding content over the next few weeks. Thanks, Matt!

**FLAS News:** This is a great time of year to start thinking about supporting us in 2021. Watch out for 2021 Pledge forms. The membership cost will remain at \$60/yr or \$5/mo – a great value to support such an important program!

**Zoom Squad Leaders needed:** If you are interested in hosting a Zoom AA meeting, please contact Rich M.

**From the editor:** So that we can connect with you better, please share your email address with Dave G., our Board Secretary, at [Daveg0010@gmail.com](mailto:Daveg0010@gmail.com). We will try to share info with you in a "blind copy" mode only.

### Remember to:

- Take advantage of On-Line recovery resources
- Talk to your Sponsor and Use your Phone List to talk to others in your squad or find out about on-line video AA meetings.

## FLAS 2020 Board of Directors

**President** – Brett M. (btfrstlk@gmail.com)

**Vice President** – Chuck K.

(Charles.Kropelnicki@dieboldnixdorf.com)

**Secretary** – Dave G. (daveg0010@gmail.com)

**Treasurer** – Jacki G. (gavettj@gmail.com)

**Asst. Treasurer** – Phil B.

**Director** – Becky C. (cruzenbecky@yahoo.com)

**Director** – David H. (dvdhgn@aol.com)

**Director** – Gary T. (gt.interiors54@gmail.com)

**Director** – Rich M (jrwalleye78@gmail.com)

If you have suggestions for improving our 156 Club please talk to any Board member or send us a note!

Join the Forest Lake Alano Society for \$5/month. This is a great way to enhance your recovery through service! Look for pledge envelopes in main gathering area.