

156 Club Newsletter

156 Club location:

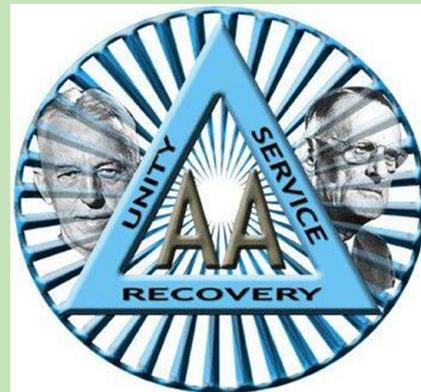
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Mail & Donations to:

Forest Lake Alano Society
PO Box 101
Forest Lake, MN 55025

156AAClub@gmail.com

Website: 156AAClub.org



April, 2021

156 Club – Recover with Us!

A new beginning every day!

The 156 Club is open to limited size indoor and outdoor meetings. There are also some Zoom meetings being held on-line. We are doing a great job of social distancing. Thank You! **Please continue wearing your masks inside** and consider your health and those around you as you decide if you can attend a meeting.

For the most up to date meeting and other Club information, visit 156AAClub.org.

The **156 Club** is home to 27 AA, NA and Alanon meetings, either open or closed, for those in recovery and those with a loved one who is an alcoholic/addict or a recovering alcoholic/addict.



Providing a Safe Place for Recovery Since 1975

The 156 Club is administered by the Forest Lake Alano Society Board of Directors as a safe and encouraging place for 12 Step

Step 4: “Made a searching and fearless moral inventory of ourselves.”

Tradition 4: “Each group should be autonomous expect in matters affecting other groups or A.A. as a whole.”

April 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

www.a-printable-calendar.com

FLAS / 156 Club events:

- Club AA Meetings can be found at 156aaclub.org/schedule-1
- **Next Speaker Meeting – Apr 3**
1st Saturday of the Month
Fellowship @ 6 pm
Speaker @ 7 pm – Mark D.
- **Squad Leader / Fellowship Committee Meeting:**
Tues, Apr 13th, 7:30pm
Note: we are looking for input to plan a June 5th Club Fellowship event!
Contact Brett M. for more info.
- **FLAS Monthly Board Meeting**
(all welcome)
Tues, Apr 27th, 7:00pm Upstairs
(Zoom link available from Dave G.)
- **New Meditation Meeting**
Mondays, 5pm, main floor – contact John N. for info (612-817-1426)

Other AA events:

- St. Paul Intergroup Events and regional info:
- <https://www.aastpaul.org/>

News From 156 Club:

Fellowship:

Mark your Calendars: June 5th Club BBQ and Social Event!

On the heels of last October's successful Booya and Fellowship event, the squad leaders and the Fellowship Committee are working on the details for a spring event to celebrate getting through this past winter! Covid has stifled our ability to have the fellowship events indoors, so it will be great to take advantage of better weather for an outdoor event. The Committee is looking for your input and help, so please join Brett and Rick at the next meeting on Tues Apr 13th.

Club Golf Outing: Spring fever has also brought thoughts of other outdoor events. Chuck K and Paul S are looking to organize a Club golf outing this spring. If you are interested please contact them (see the Board contact list below for their email addresses).

Please visit our website! 156AAClub.org

Send comments or questions about the site to Dave G. at 156AAClub@gmail.com.

Reminder to be Covid Safe!

Covid-19 contact risk is still high in our area but seems to be getting better. Consistent with the **latest MN Governor's order, we have increased to the social distancing occupancy limit in the large basement room and have increased some of the other rooms slightly as well. We have also reinstated coffee, but ask that people do not congregate around the coffee pot and only lower their mask when actively drinking.** Remember, there is always an increased risk of contacting a virus from indoor events. If you have any questions contact Rich M or a Board member.

Club Service Opportunities

Zoom Meeting Leaders wanted: We have purchased a Zoom subscription that will be available for Club sanctioned AA meetings. Contact Dave G or Trever B for info.

Spring Clean-Up is Coming: We will be scheduling a spring clean up for late April. Please contact David H. if you are interested in helping for a couple hours.

FLAS News: Please consider an FLAS membership. The membership cost will remain at \$60/yr minimum or \$5/mo – a great value to support such an important program! Many members choose larger donations (up to \$5K max).

Also Remember to:

- Take advantage of On-Line recovery resources
- Talk to your Sponsor and Use your Phone List to talk to others in your squad or find out about on-line video AA meetings.

FLAS 2021 Board of Directors

President – Jackie G (gavettj@gmail.com)

Vice President – Dave G (daveg0010@gmail.com)

Secretary – Trever B. (arsbud@hotmail.com)

Treasurer – Chuck K.

(Charles.Kropelnicki@dieboldnixdorf.com)

Asst. Treasurer – Pat C. (156patc@gmail.com)

Director & Intergroup Liaison – Brett M.

(btfrstlk@gmail.com)

Director & Maintenance Coordinator – David H.

(dvdhgn@aol.com)

Director & Literature Coordinator – Paul S.

(pjfs60@yahoo.com)

Director & Squad Liaison – Rich M

(jrwalle78@gmail.com)

Join the Forest Lake Alano Society for \$5/month. This is a great way to strengthen your recovery with service! Look for pledge envelopes at the Club.