

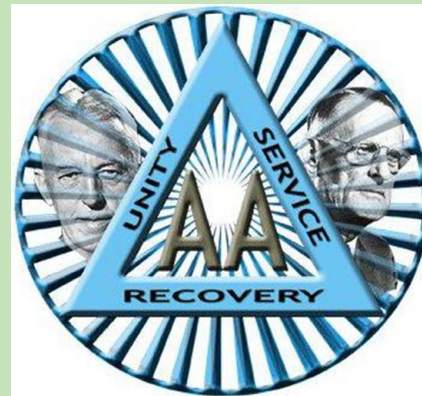
# 156 Club Newsletter

## 156 Club location:

156 NW 3<sup>rd</sup> Street  
Forest Lake, MN 55025  
651-464-9906

## Mail & Donations to:

Forest Lake Alano Society  
PO Box 101  
Forest Lake, MN 55025



August, 2020

## Welcome to the 156 Club

*A new beginning every day!*

The house has been open to limited size indoor and outdoor meetings since June 1<sup>st</sup>. There are also Zoom meetings being held on-line. For the most part attendees are doing a good job of social distancing, but as a reminder – **masks must be used inside the house**. Please consider your health and those around you as you decide if you can attend a meeting.

**The 156 Club** is home to 27 AA or Alano open and closed meetings for those in recovery and those with a loved one who is an alcoholic/addict or a recovering alcoholic/addict.



Providing a Safe Place for Recovery Since 1975

*The 156 Club is administered by the Forest Lake Alano Society as a safe place for 12 Step meetings and those in recovery.*

**Step 5:** “Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.”

**Tradition 5:** “Each group has but one primary purpose: to carry its message to the alcoholic who still suffers.”

## August 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

### FLAS / 156 Club events:

- **Speaker Meeting (Outdoor)**
  - Sat. Sept 5<sup>th</sup>, Front Lawn
  - Fellowship – 6:30 – 7:15pm
  - Speaker (tbd) – 7:30 – 9:00pm
- **Fellowship Committee Meeting:**
  - Tues, Aug 11<sup>th</sup> at 7:30pm.
- **Family BBQ & Speaker Mtg:**
  - Sat, Oct 3<sup>rd</sup>, Time TBD
- **FLAS Board Meeting** (all welcome) – Last Tuesday of the month at 7:00pm (Zoom link available)

### Other AA events:

- **St. Paul Intergroup**
  - New Location (Open House 7/25)  
33 Wentworth Ave. E.  
West St. Paul, MN 55115
- **Other St. Paul Intergroup Events and regional info:**
  - <https://www.aastpaul.org/>

# News From 156 Club:

## Aug 1st Speaker Meeting was a success!

Our first speaker meeting since the COVID-19 pandemic was held on Saturday evening, Aug 1st. After 45 min of fellowship time, Don R. was the speaker and spoke from the front porch to a group of about 35 people. In accordance with health guidelines, all were socially distanced on the lawn. Brett M, meeting organizer and FLAS Board President, said that "in my opinion it went very well, it was very successful and I'm looking forward to this format being continued." The next speaker event will be Sat. Sept 5<sup>th</sup> at 7:30, following fellowship beginning at 6:30.

## 156 Club Service Opportunity!

**The FLAS Board has an open position.** If you are a member of the Forest Lake Alano Society (dues paid for 2020) and have an interest in serving on our Board, please contact Brett M. or any Board Member. The Board meets monthly and manages the 156 Club house and budget. We don't run the AA meetings, but do work to provide an environment for recovery at the Club for all.

## 156 Club Fellowship Committee is Formed:

Hello, my name is Rich M. I am the new fellowship committee leader. Great news, fellowship is starting back up again with following CDC guidelines. We will be having a **family friendly cookout October 3rd with speaker meeting to follow.** Fellowship committee will be meeting the second Tuesday of every month, **with the next meeting being August 11th at 7:30pm.** All squad leaders are asked to come to give ideas, information or concerns about their squad or the club as a whole. If you have questions or concerns please feel free to call or email me at 651-245-8594 or [jrwalleye78@gmail.com](mailto:jrwalleye78@gmail.com). I look forward to meeting you all. Have a great month.

**From the editor:** So that we can connect with you better, please share your email address with Dave G., our Board Secretary, at [Daveg0010@gmail.com](mailto:Daveg0010@gmail.com). We will keep this confidential and only use it in a "blind copy" mode. E-mail. Thank you in advance for your input and support!

Remember to:

- Take advantage of On-Line recovery resources
- Talk to your Sponsor and Use your Phone List to talk to others in your squad or find out about on-line video AA meetings.

## FLAS 2020 Board of Directors

**President** – Brett M. ([btfrstlk@gmail.com](mailto:btfrstlk@gmail.com))

**Vice President** – Chuck K.  
([Charles.Kropelnicki@dieboldnixdorf.com](mailto:Charles.Kropelnicki@dieboldnixdorf.com))

**Secretary** – Dave G. ([daveg0010@gmail.com](mailto:daveg0010@gmail.com))

**Treasurer** – Jacki G. ([gavettj@gmail.com](mailto:gavettj@gmail.com))

**Asst. Treasurer** – Phil B.

**Director** – **Open** (See Brett M. if interested)

**Director** – David H. ([dvdhgn@aol.com](mailto:dvdhgn@aol.com))

**Director** – Gary T. ([gt.interiors54@gmail.com](mailto:gt.interiors54@gmail.com))

**Director** – Rich M ([jrwalleye78@gmail.com](mailto:jrwalleye78@gmail.com))

If you have suggestions for improving our 156 Club please talk to any Board member or send us a note!

Join the Forest Lake Alano Society for \$5/month. This is a great way to enhance your recovery through service! Look for pledge envelopes in main gathering area.